

1 **First reported case of Thunderstorm Asthma in Israel**

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34 **Abstract.** We report on the first recorded case of thunderstorm asthma in Israel, that
35 occurred during an exceptionally strong Eastern Mediterranean multicell-cell
36 thunderstorm on October 25th 2015. The storms were accompanied by intensive
37 lightning activity, severe hail, downbursts and strong winds followed by intense rain. It
38 was the strongest lightning-producing storm ever recorded by the Israeli Lightning
39 Detection Network since it began operations in 1997. After the passage of the gust front
40 and the ensuing increase in particle concentrations, documented by air-quality sensors,
41 the hospital emergency room presentation records from three hospitals – two in the
42 direct route of the storm (Meir Medical Center in Kfar-Saba and Ha'Emek in Afula) and
43 the other just west of its ground track (Rambam Medical Center in Haifa) showed that
44 the amount of presentation of patients with respiratory problems in the hours
45 immediately following the storm increased compared with the average numbers in the
46 days before., This pattern is in line with that reported by Thien et al. (2018) for the
47 massive thunderstorm asthma epidemic in Melbourne, Australia. The increase in patient
48 presentations to the emergency rooms persisted for additional 48-72 hours before going
49 back to normal values, indicating that it was likely related to the multi-cell outflow. We
50 discuss how the likelihood of incidence of such public-health events associated with
51 thunderstorms will be affected by global trends in lightning occurrence.

52

53 **1. Introduction.**

54 Thunderstorms and lightning are natural hazards, lethal and destructive with
55 important implications on human societies. They are often accompanied by severe
56 weather, hail and flash floods that entail significant economic and human losses (Yair,
57 2018; Petrucci et al., 2019; Cooper and Holle, 2019). Public health effects of
58 thunderstorms that are not related to direct lightning strikes of people may be the result
59 of flooding, fallen trees, objects hurled by strong winds, impact of heavy hail, smoke
60 from ignited forest fires and the consequences of disruptions to daily routines such as
61 industrial accidents, loss of electricity, car accidents and limitation to air travel
62 (Krausmann et al., 2011; Yair et al., 2018).

63 Research had shown that during the development stage of thunderstorms, updrafts carry
64 surface aerosols and pollen particles into the cloud, where the high humidity and contact
65 with liquid water causes pollen to rupture (Knox, 1993; Taylor et al., 2004a; Miguel et
66 al., 2006; Vaidyanathan et al., 2006). At the mature stage of thunderstorm
67 development, characterized by intense electrical activity and precipitation (typically

68 lasting tens of minutes), downdrafts carry such pollen fragments to the ground. When
69 the downdrafts impinge on the surface they diverge and the outflow enhances the
70 concentrations of airborne particles by causing uplift of additional concentration of
71 pollen and dust particles into the air (Figure 1). If such outflows occur in dry desert
72 areas, this often leads to the formation of well-known dust-wall known as "Haboob"
73 that makes the gust front clearly visible and is portrayed in many Youtube videos
74 (Williams et al., 2007). The gust front - the storm scale boundary caused by the outflow
75 from the thunderstorm – quickly spreads and diverges from beneath it and propagates
76 along the storm track. The airborne pollen fragments and particles often release
77 allergens in the size range < 2.5 micrometers that can be inhaled into the respiratory
78 system and cause an acute allergic response. If occurring during the flowering season
79 of specific plants, this may result in "*Thunderstorm Asthma*" epidemics (Bellomo et al.
80 ,1992; Packe and Ayers, 1995; Venables et al., 1997; Wardman et al., 2002; Dales et
81 al., 2003; D'Amato et al., 2016; 2017), which are expressed as severe respiratory
82 problems, especially in sensitive populations (infants, senior citizens and people with
83 prior allergic susceptibility). A thorough review of the present theories of thunderstorm
84 asthma mechanisms is presented by Harun et al. (2019) and some unique cases are
85 described below.

86 Grass pollen is a well-known cause of hay-fever and allergic asthma, and has
87 been implicated as the cause of two cases of thunderstorm asthma epidemics, in
88 Melbourne (1987/1989) and in London (1994). Knox (1993) discuss the fact that grass
89 pollen is too large to penetrate into the lower airways and trigger the allergic response
90 and suggested that osmotic shock of caused by rainwater led to the rupture of grass
91 pollen particles and the release of the major allergen Lol p 5;

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93 **Figure 1:** A schematic
94 description of the mechanism that
95 enhances the concentrations of
96 airborne aerosols (either pollution
97 particles or pollen) ahead of a
98 thunderstorm (Taylor and
99 Jonsson, 2004).

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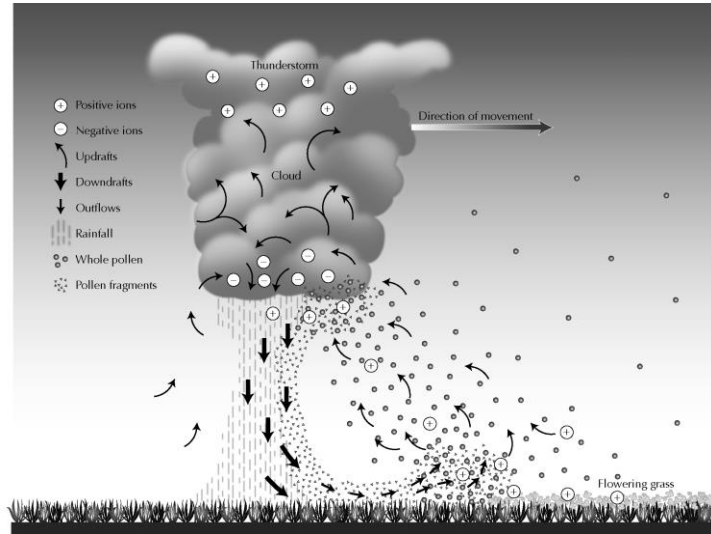
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Nasser and Pulimood (2009) reviewed the role of fungal spores such as *Alternaria* in outbreaks of thunderstorm asthma and showed that the sudden increase in spore concentrations in the air following large-scale thunderstorm cold flows affects atopic, sensitized people, and may lead to asthmatic response. There are numerous reports from many countries about cases of thunderstorm asthma (Dabrera et al., 2012; Andrew et al., 2017; Beggs, 2017). For example, the Wagga-Wagga epidemic in Australia on October 30th 1997 led to 215 Emergency Room (ER) visits by asthmatic subjects with 41 hospitalizations, a fact that created an unusual burden on the health services there (Girgis et al., 2000). The most extreme case on record occurred in Melbourne, Australia, in November 2016 (Thien et al., 2018), when a thunderstorm asthma epidemic following a gust front induced by a multicell thunderstorm system resulted in more than 3000 presentations to Emergency Departments (ED) at hospitals for allergy and respiratory problems, with 10 fatalities (and Table 1 in Harun et al., 2019). The allergic response of the population followed (or was prompted) by a chain-reaction commencing with the dynamics of the cold outflow from the thunderstorm. D'Amato et al. (2015) characterized the main aspects of thunderstorm-associated asthma epidemics (based on their Table 2): (a) The epidemics are limited to seasons when there are high concentrations of airborne allergenic and/or fungal spores; (b) There is a close temporal association between the start of the thunderstorm and the onset of the epidemics. (c) There are not high levels of pollution related gasses and particles during the thunderstorm asthma outbreak (d) People who stay indoors with windows closed are not affected and (e) there is a major risk for subjects who are not optimally treated

130 for asthma; subjects with pollen-induced allergic rhinitis and without prior asthma are
131 also at risk.

132 While this definition of thunderstorm asthma focuses on the allergic responses to
133 airborne pollen or fungal spores, some reports consider other environmental factors
134 such as humidity, temperature and pressure changes (Rossi et al., 1993; Ito et al., 1989).
135 A chemical effect of lightning activity that may also play a role in thunderstorm asthma
136 epidemics is the production of significant amounts of NO and O₃ near the surface.
137 Ozone by itself is a potent oxidizer and is known to create severe respiratory response
138 when inhaled (Molfino et al., 1991; Gleason et al., 2014). Indeed, Campbell-Hewson et
139 al. (1994) considered several types of pollen and fungal spores, but also ozone
140 concentrations and lightning, in the context of a thunderstorm asthma epidemic in
141 Cambridge and Peterborough in southern England in June 1994. They reported an
142 increase by a factor ~2 of ozone concentration (45 ppb compared with daily average of
143 28.7 ppb) and high pollen counts before the rain and concluded that the causes of the
144 epidemic were likely multifactorial. It should be pointed out that although there were
145 37 lightning strikes in that region, the authors did not attribute the rise in ozone
146 concentrations to lightning but rather to local pollution. This aspect of lightning activity
147 was not considered in the present study.

148 A thorough review published by the World Allergy Organization (D'Amato et al.,
149 2015) surveyed the expected changes in the occurrence of thunderstorm asthma and
150 concluded that people with hypersensitivity to pollen allergy should be advised to stay
151 indoors when there are clear indications that thunderstorm activity is expected. Such
152 early-warning capabilities for lightning are becoming operational in some countries (for
153 example the Lightning Potential Index [LPI] which is used in Weather and Forecasting
154 Research model (WRF; Lynn and Yair, 2010; Lynn et al., 2012), but there seems to be
155 a gap between forecasting lightning and administrating public-health warnings, and
156 sensitive populations are not always effectively alerted when thunderstorms are
157 expected. This paper's objective is to describe the first thunderstorm asthma event in
158 Israel, that occurred during an unusually strong convective storm on October 25th 2015.
159 We present the meteorological and electrical circumstances leading to a notable
160 increase in emergency room presentations of patients with respiratory problems
161 immediately after the passage of the storm.

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2. Data Sources

164 We used data from various sources for studying possible correlations between
165 meteorological conditions, lightning occurrence, aerosol concentrations, pollen counts
166 and respiratory illnesses for central Israel.

167 a. Lightning data was obtained from the Israeli Lightning Detection Network
168 (ILDN) operated by the Israeli Electrical Corporation (IEC). The system and its
169 capabilities are described by Shalev et al. (2011).

170 b. Meteorological data – temperature, humidity, wind and pressure data were
171 obtained from the Israeli Meteorological Service (IMS) for selected stations
172 throughout the country.

173 c. Aerosol data – we used the PM_{2.5} and PM₁₀ data that are collected routinely by
174 the Ministry of Environmental Defense in Israel, that operates a national
175 network of > 40 stations. These stations report particle concentrations at 5-
176 minute intervals. That system also records Ground Level Ozone data.

177 d. Pollen data – The daily average pollen and spore concentrations (number/m³)
178 were obtained from the Ted Arison Laboratory for Monitoring Airborne
179 Allergens at Tel-Aviv University. The species are listed in Appendix 1.

180 e. Hospital presentation records for patients with respiratory symptoms of specific
181 ICD codes at the Emergency Room (ER) were collected from 3 Israeli hospitals
182 for a specific list of allergy-related illnesses. Approval of the internal Helsinki
183 committee in each hospital were obtained. The long- term averages were
184 obtained from hospital records to establish the baseline.

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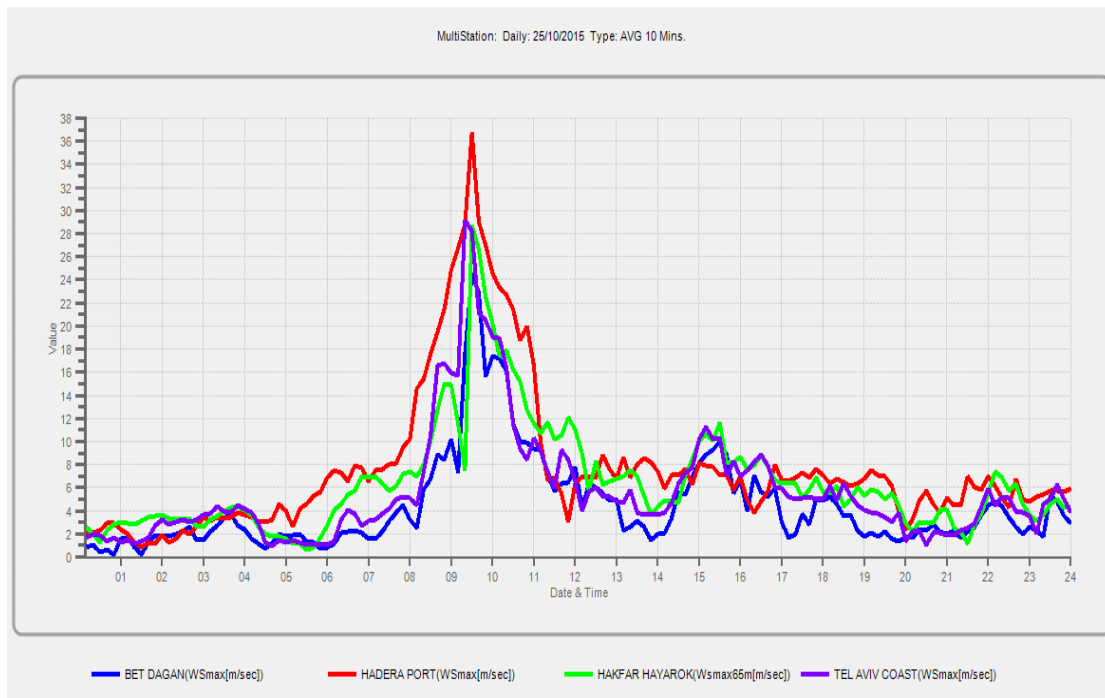
186 **3. Meteorological Conditions**

187 The synoptic condition leading to the unusual event described here are summarized
188 by Razy et al. (2018) and will be briefly described below. During October 24th 2015 the
189 eastern Mediterranean was dominated by a Red-Sea Trough (RST, Ben-Ami et al.,
190 2014), a low-pressure region extending from the south along the Red-Sea northward to
191 the eastern Mediterranean. This system transported tropical air toward Egypt, Jordan,
192 Israel, Lebanon and Cyprus in the lower-levels (850 hPa). At the upper-levels (500
193 hPa), a pronounced trough was situated with the axis slanted between Crete and
194 Cyprus. This trough had two effects: one is a transport of tropical air by the south-
195 southwesterly winds aloft and second is upward motion at the mid-levels, induced by
196 positive vorticity advection ahead of this trough. Prior to the beginning of the storm, a
197 cold front was noted west of the Israeli coast. At the same time a meso-scale cyclone

198 was formed over the Sinai Peninsula and the southeastern Mediterranean, organizing
199 the flow that advected moist air from the sea. During the morning hours of October 25th,
200 the cyclone, together with the cold front, moved toward inland. Around 07 UTC this
201 multi-cellular cold front crossed central Israel, accompanied by extremely developed
202 thunderclouds, with tops reaching 17 km height. The highly populated area of central
203 Israel, extending from the coastal region inland, was subjected to torrential rains for 1-
204 2 hours and large hailstorm with over 5cm diameter. Rain-gauge data obtained from the
205 Israeli Meteorological Service show that in several places in central Israel the 10-minute
206 rain rate exceeded 100 mm h^{-1} with a total of $>50 \text{ mm}$ in the entire event (constituting
207 $\sim 10\%$ of the annual average). The intensity of the storm can be attributed, at least
208 partly, to the tropical nature of the warm air transported from south by the Red Sea
209 Trough (RST), ahead of the storm. The multicellular system subsided upon reaching
210 the Jordan rift in eastern Israel. The entire event caused 1 fatality, extensive flooding in
211 several Israeli cities and agricultural damages. It also impacted the national electrical
212 grid with power outages lasting up to 3 days in central Israel. This was the most
213 powerful thunderstorm ever observed in Israel since the Israeli Lightning Detection
214 Network (ILDN) became operational in 1997.

215 a. **Wind** – Based on the Israeli Meteorological Service data, the storm was typified
216 by destructive south-westerly winds that exceeded 25 m s^{-1} , with gusts of >36
217 m s^{-1} , which can be attributed to the downbursts from the active cells. Figure 2
218 presents wind speeds measured at several locations. The distance from Tel-Aviv
219 coast (purple line) to Hadera port (red line) is approximately 40 km, indicating
220 a very wide gust front that swept across central Israel together with the
221 movement of the active cells. The sustained high winds lasted for more than two
222 hours, and caused a significant increase in amounts of airborne particulate
223 matter (see below).

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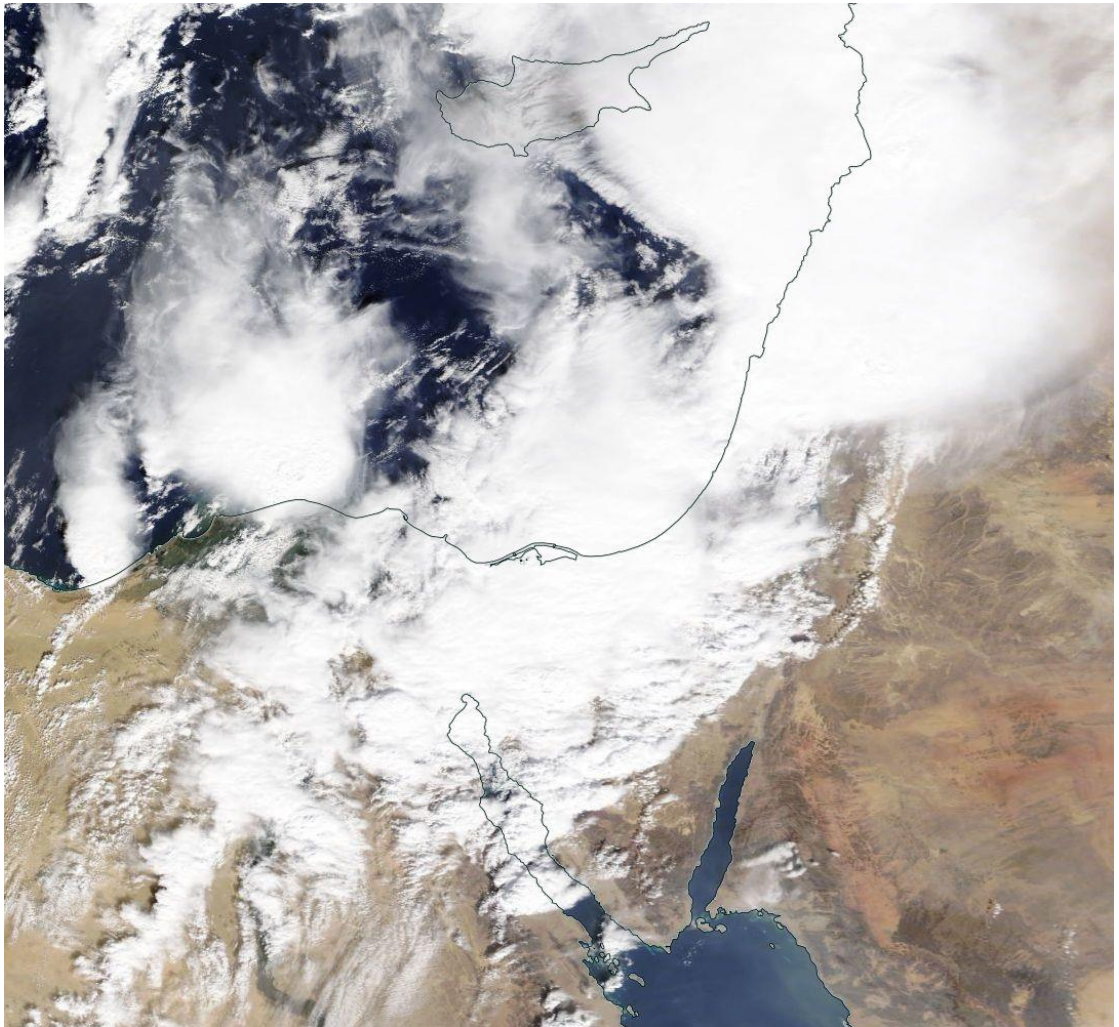
226 **Figure 2:** Wind speed at 4 different stations along Israel. Bet Dagan (in blue) is located 12 km southeast
 227 of Tel-Aviv. Hadera Port (red) is located on the coastline, 45 km north of Tel-Aviv. Hakfar Hayarok
 228 (green) is 5 km northeast of Tel-Aviv, and Tel-Aviv coast (purple) is located on the Mediterranean
 229 coastline. All stations recorded an abrupt and short-lived increase in wind-speed around 10 AM local
 230 time, indicating the passage of the gust front. Data courtesy the Israeli Meteorological Service.

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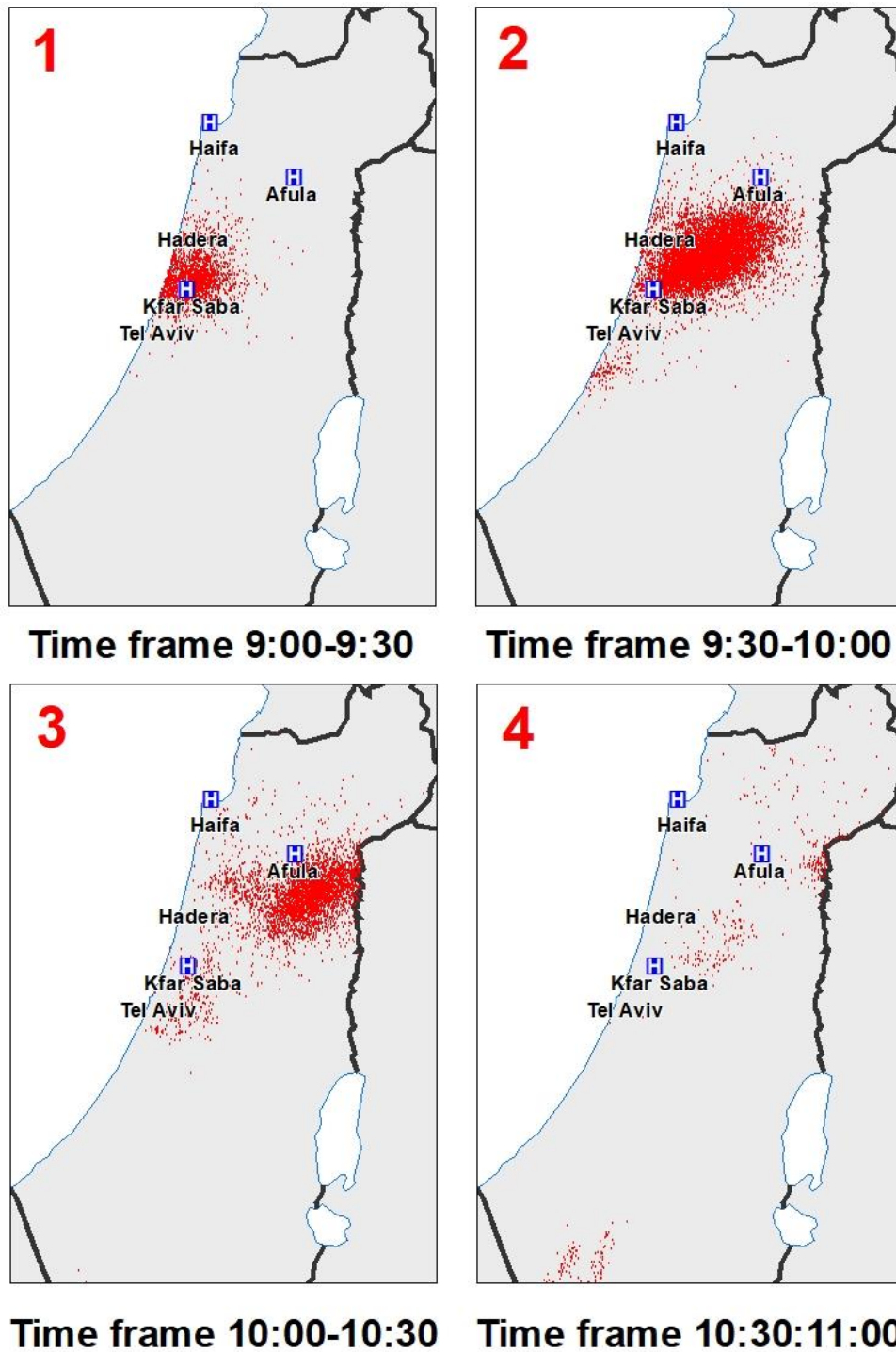
232 **Electrical Activity** - More than 17,000 cloud-to-ground lightning strokes were
 233 registered by the ILDN during this event, exceeding the annual total amount of
 234 lightning strikes for the entire country (Figure 3b). As Figure 4 shows, at the
 235 peak of the event the average cloud-to-ground flash rates between 090-0930 LT
 236 were greater than 450 strokes per minute. One should consider that this is only
 237 the Cloud-to-Ground (CG) flash rate as the ILDN does not record Intracloud
 238 flashes (IC). If we accept the ratio of IC/CG~2 reported by Yair et al. (1998),
 239 then the total flash rate would be more than 1000 flashes per minute, exceeding
 240 the maximum global record of flash rates found in the Argentina-Paraguay

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border (Zipser et al., 2006).



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245 **Figure 3:** (a) Visible MODIS Satellite image at 12 UT when the cold front and thunderstorms already

246 moved into Israel. (b) Lightning strokes detected on October 25th 2015 by the ILDN (Israel Lightning

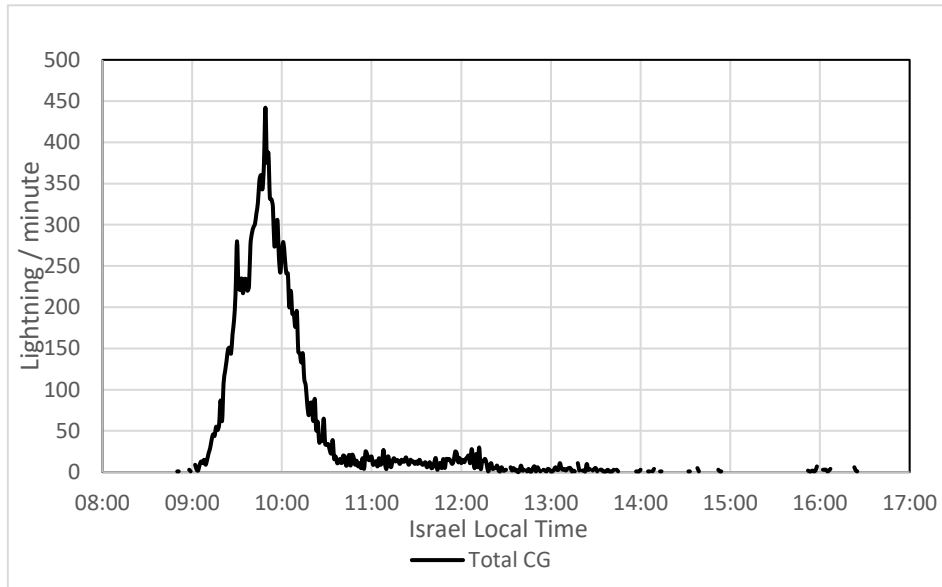
247 Detection Network) operated by the Israeli Electrical Corporation. Each point is a ground stroke. The

248 panels show cumulative values at 30 minutes intervals, local time indicated and the location of the 3

249 hospitals involved in this research.

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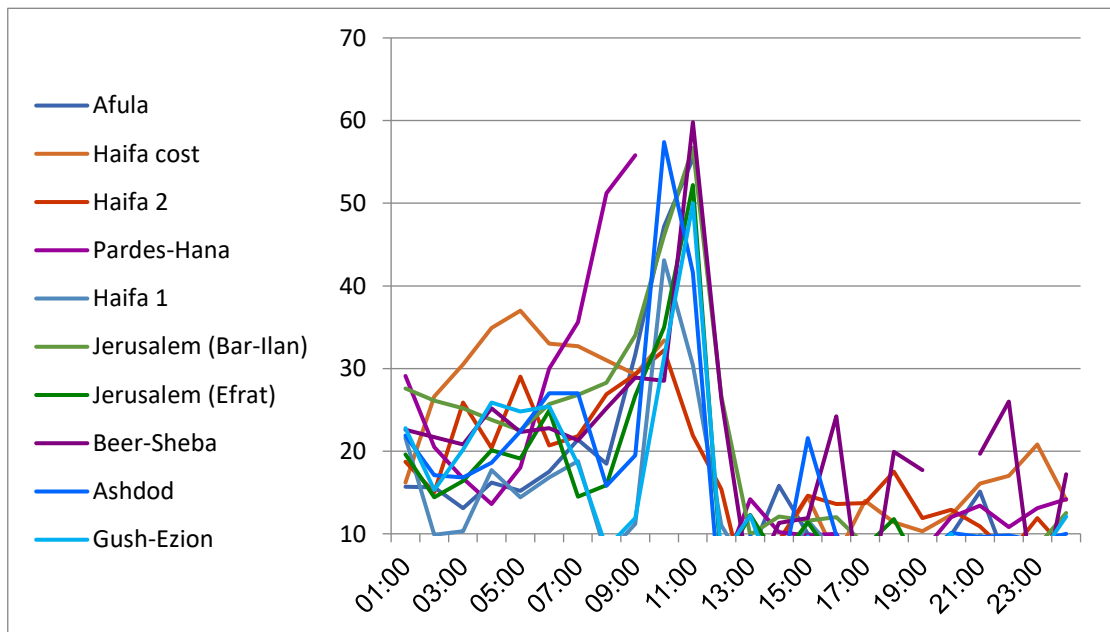
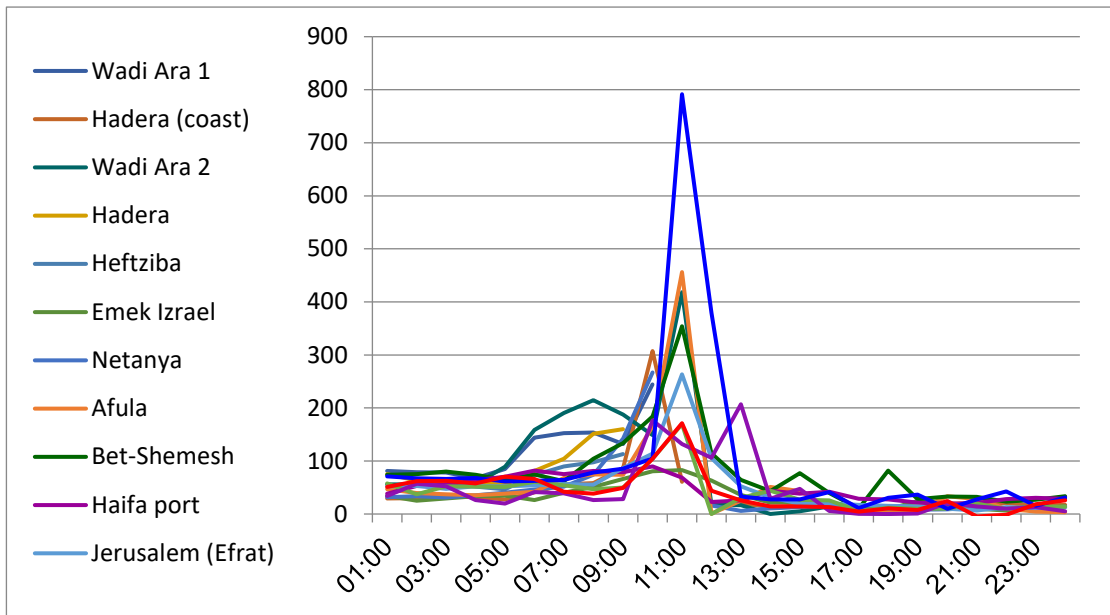


265 **Figure 4:** 1-minute accumulated lightning numbers detected on October 25th 2015 as a function of local
266 time. The total cloud-to-ground stroke rate exhibits a sharp maximum around 09:45 local time, as the
267 cells passed over central Israel.

268

269 **4. Particle Concentrations**

270 The results from the Israeli Ministry for Environmental Protection's air-quality
271 monitoring network show a remarkable increase in the concentrations of PM 2.5
272 particles, up to 10-fold the normal values (Figure 5). This is due to the very strong winds
273 ahead of the cells, that picked up considerable amounts of dust, pollen and other types
274 of aerosols from the surface.



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278 **Figure 5:** (a) Mass concentration of PM10 aerosols for several stations in central Israel, 25th October

279 2015. Data is given in $\mu\text{g m}^{-3}$. Note the peak around 1100 local time, coinciding with the passage of the

280 gust front. The sharp, strong peak was measured at the Rambam Medical Center in haifa. (b) The same as

281 in (a), for PM2.5 aerosol concentrations.

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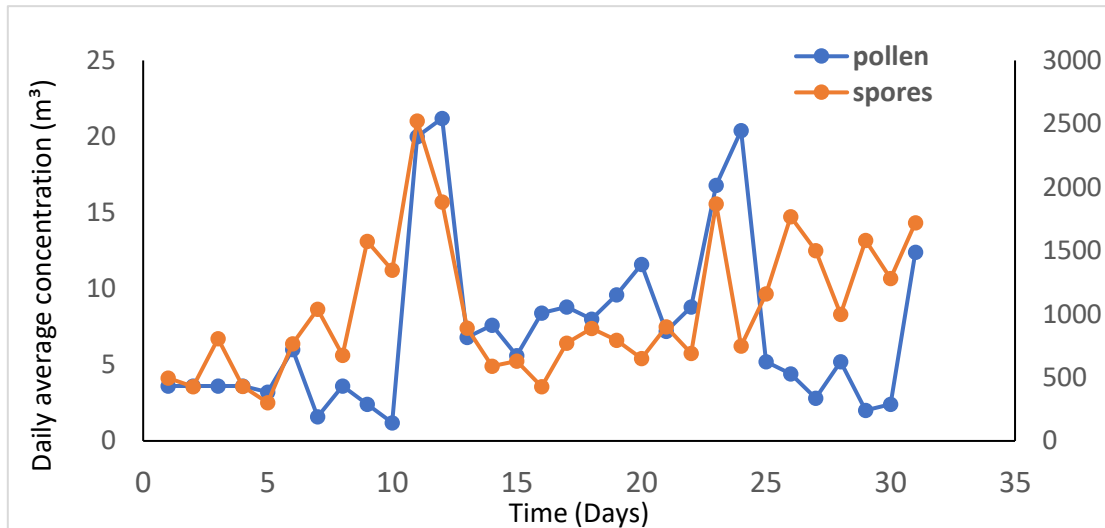
283 The daily pollen amounts for October 2015 (Figure 6) exhibit two significant peaks,

284 which are related to severe weather events. It should be noted that before the onset of

285 the storm on October 25th, there were already larger than usual amounts of pollen and

286 spores in the air (up to a factor of 3). This supports the thunderstorm asthma hypothesis

287 of pollen processing inside the storm by humidity and electric fields, that results in
 288 rupture and release of allergens into the cold outflow (D'Amatto et al., 2015; Beggs,
 289 2017). The decrease in pollen concentrations after the storm is explained by washout
 290 and dilution after the rain and winds associated with passage of the active cells. The list
 291 of flowering allergenic plants in October in Israel is presented in Appendix A.



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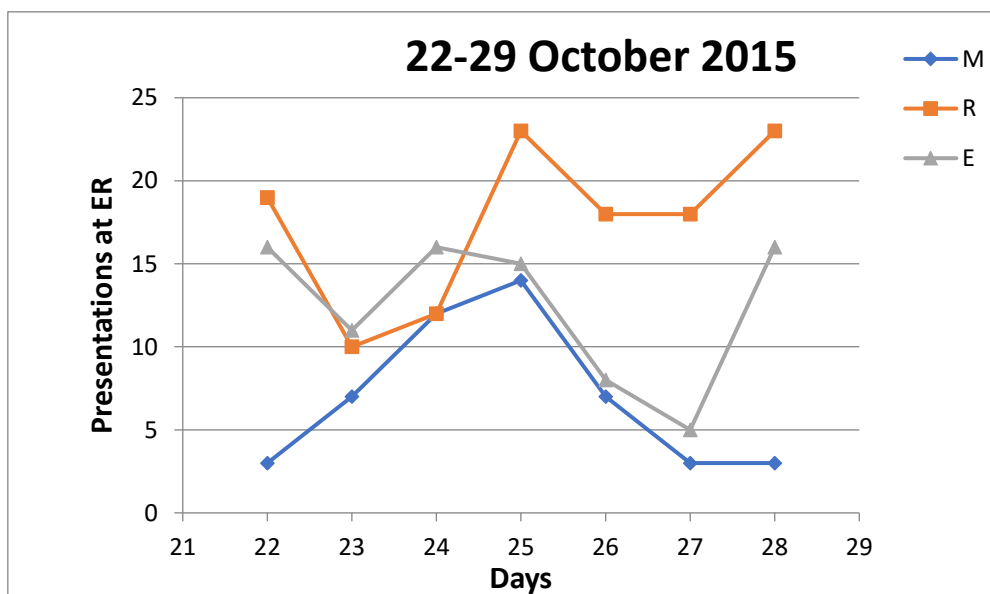
293 **Figure 6:** Daily average concentrations of pollen and spore numbers for October 2015, based on
 294 data collected at Tel-Aviv University's monitoring station in the botanical gardens on campus (Data
 295 courtesy of Prof. Amram Eshel, the Laboratory for Pollen Monitoring, Tel-Aviv University).

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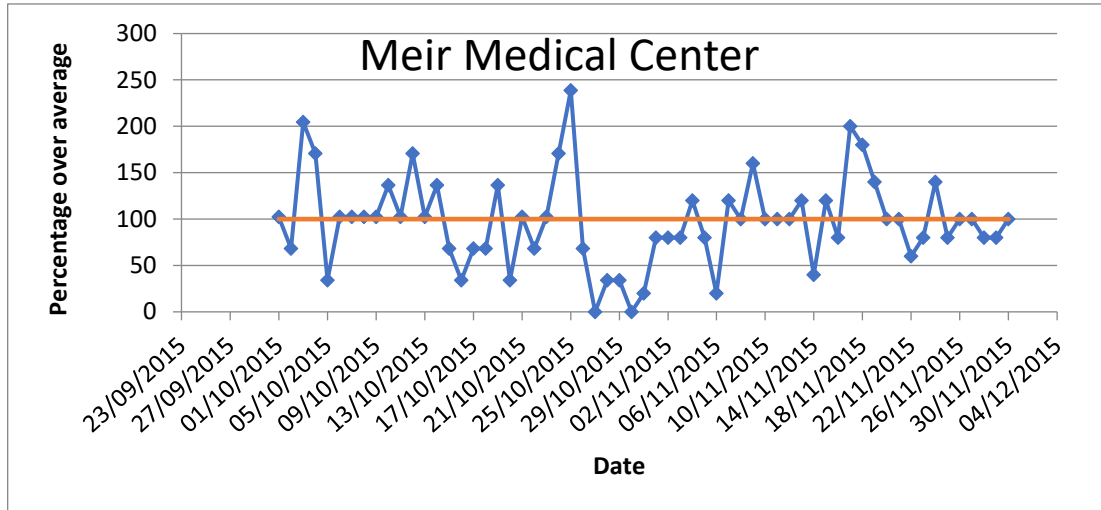
297 5. Hospital ER presentations

298 The hospital presentation records of patients with respiratory problems were
 299 obtained from three Israeli hospitals. The Meir Medical Center is located in the city of
 300 Kfar-Saba (population 110,000), 15 km north-east of Tel-Aviv in the central coastal
 301 plain. The Ha'Emek Medical Center is located in the city of Afula (population 43,000),
 302 a regional urban center located in an agricultural and rural part of northern Israel, close
 303 to Mt. Tabor. The Rambam Medical Center is located in Israel's largest port city of
 304 Haifa (population 280,000) and is the largest of the three. Figure 7 shows the records
 305 of a full week with numbers of patients, starting 3 days before the event. The ER
 306 presentation records show that the numbers of presentations of patients on October 25th
 307 increased compared with the numbers of the days before the storm. Although in
 308 absolute numbers the numbers may seem low, the values admitted on the day of the
 309 thunderstorm represent a clear deviation from monthly average for October. At the Meir
 310 (located just below the ground-track of the storm cells) and Rambam (located west of
 311 the ground-track) hospitals there was a clear increase in the number of ER presentations

312 which can be related to the passage of the gust-front in the surrounding areas and the
 313 ensuing increase in particle concentrations. Based on records of arrival times at the ER,
 314 we noted that within several hours after the thunderstorm there was a noticeable
 315 increase in the number of patients with respiratory problems of a specific nature (a list
 316 of diagnoses only related to asthma and allergic respiratory diseases), in line with the
 317 pattern reported by Newson et al. (1997) and Thien et al. (2018). At the Ha'Emek
 318 medical center in Afula there was no significant increase and the numbers were
 319 practically the same as the day before. In all three hospitals, this increase in patient
 320 presentation to the ER with respiratory problems persisted for 24 hours and a clear
 321 decline was noticed in the following day, likely related to a wash-out effect by
 322 precipitation that followed the passage of the active cells. This decline was more
 323 pronounced at the Meir and Ha'Emek hospitals which experienced heavy rains during
 324 the storm, lasting for 48 hours. At the Rambam Medical Center in Haifa the numbers
 325 of ER presentations with respiratory problems rose again to high values, likely due to
 326 the ambient values of air pollution related to aerosols in the Bay of Haifa, a well-known
 327 source of industrial emissions (Sa'aroni et al., 2018).
 328



329 **Figure 7:** Emergency room presentations at 3 Israeli hospitals in the 3 days preceding and following the
 330 October 25th 2015 super-cell event: M = Meir Medical center (blue), R = Rambam medical center
 331 (orange), E = HaEmek medical center (grey).
 332



334 **Figure 8:** Two months of ER presentations of patients with respiratory problems at the Meir Medical
 335 Center in Kfar-Saba, central Israel (for the period 1.10.2015-30.11.2015). The October 25th record shows
 336 a 250% increase above the long term average in a single day.

337

338 6. Discussion

339 In most reported cases of thunderstorm asthma in Europe, Canada, US and
 340 Australia, the initiating agents were spring or summer convective storms, and their
 341 occurrence coincided with the flowering season of many plant species whose pollen is
 342 known to be highly allergenic. In Israel, thunderstorms and lightning occurs mainly
 343 during winter months ((December-January-February) and are associated with the
 344 passage of Cyprus Lows or Red-Sea Trough [RST] (Ziv et al., 2008; Shalev et al., 2011;
 345 Yair et al., 2014; Ben-Ami et al., 2015). During these months there is little flowering
 346 and pollen concentrations are low (Keinan, 1992). However, some of the most severe
 347 convective events in Israel occur during fall and spring months, when the RST pressure
 348 system transports mid-level moisture into the eastern Mediterranean and the
 349 atmosphere is unstable, enabling deep convection and intense lightning activity. These
 350 events occur mostly in October-November and March-May, and coincide with
 351 flowering of various allergen-bearing plant species, for example *Ambrosia* spp. (Waisel
 352 et al., 1997; Waisel et al., 2008; Appendix A), and so have the potential to instigate
 353 thunderstorm-asthma epidemics.

354 The October 25th 2015 supercell event was by far one of the strongest thunderstorm
 355 episodes ever recorded in Israel (Razy et al., 2018). The unique synoptic circumstances
 356 of this event coincided with massive flowering of *Ambrosia* spp. already shown to be
 357 highly allergenic and wide-spread in central Israel (Yair et al., 2017; 2018). Previous
 358 studies suggested that the mechanism by which thunderstorm dynamics recycle

359 ambient aerosols is very effective in releasing allergens from pollen particles, that may
360 otherwise not reach and affect sensitized populations (Taylor and Jonsson, 2004;
361 D'Amato et al., 2015). The strong electric fields that existed during that thunderstorm,
362 manifested by the high flash rate, as well as the high humidity and presence of rain,
363 likely aided in rupturing the pollen membranes and enriching the air with respirable
364 allergens, that accompanied other aerosol particles already present in the environment.
365 The track of the storm passed directly above the densely populated, mostly urban part
366 of Israel, where the ambient concentrations of pollution particles was already high.
367 Additionally, as the spore counts indicate (Figure 6), the background levels of fungal
368 spores, that may play an important role in triggering allergic asthma (Packe and
369 Ayers, 1986; Dales et al., 2003), was high the day before the storm. Thus, it was the
370 convergence of several factors on the particular day that initiated the observed increase
371 in ER respiratory presentations. Admittedly, the public health data presented in this
372 study is limited, but follow-up research being presently conducted will help us to
373 understand the characteristics of admitted patients (as performed by Thien et al., 2018).

374 What can be done to protect sensitized populations against thunderstorm
375 asthma, especially in light of the emerging trends of thunderstorm frequency (Romps
376 et al., 2016; Brooks, 2013; Diffenbaugh et al., 2013; Yair et al., 2018), the extended
377 period of plant flowering (Ziska et al., 2011) and the increase in allergen content in
378 pollen (Singer et al., 2005) in a warmer climate? A thorough review published by the
379 World Allergy Organization (D'Amato et al., 2015) surveyed the expected changes in
380 the occurrence of thunderstorm asthma and concluded that people with hypersensitivity
381 to pollen allergy should be advised to stay indoors when there are clear indications that
382 thunderstorm activity is expected. Silver et al. (2018) examined the seasonality and
383 predictability of asthma-related presentation at Melbourne hospitals, using time-series
384 ecological approach. They suggest that the observed spring peak in asthma patient
385 numbers may be related to thunderstorm asthma as they are associated with rainfall,
386 high humidity, and enhanced grass pollen levels, but the rarity of such events
387 undermines predictive capabilities. Indeed, early-warning capabilities for lightning are
388 becoming operational in some countries (for example the Lightning Potential Index
389 [LPI] calculated from the microphysical fields of numerical models such as the WRF
390 and which is being used for medium-range weather forecast models (Lynn and Yair,
391 2010; Lynn et al., 2012) and pollen forecast models are also used to predict the onset
392 and spread of pollen concentrations (Sofiev et al., 2013; Zhang et al., 2014). However,

393 there seems to be a gap between a combined forecasting procedure of pollen and
394 lightning and administrating public-health warnings, and thus sensitive populations
395 may not be effectively alerted. We therefore suggest to include proper public health
396 alerts when there is clear indication for the coincidence of thunderstorms during plant
397 flowering season in specific regions where allergenic species are found.

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406

407 **Author Contribution**

408 Yoav Yair and Yifat Yair initiated and led this research. Yoav Yair performed the
409 analysis of lightning and aerosol time-series and wrote the paper. Yifat Yair analyzed
410 pollen data and hospital admission records and produced maps and graphs. Baruch
411 Rubin helped with ambrosia pollen analysis and data. Ronit Confino-Cohen, Yosef
412 Roseman, Eduardo Shachar and Menachem Rotem helped in analyzing emergency
413 room admission records and contributed equally to this work.

414

415 **Competing Interests**

416 None

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574

575 **Figure Captions**

576

577 **Figure 1:** A schematic description of the mechanism that enhances the concentrations
578 of airborne aerosols (either pollution particles or pollen) ahead of a mature
579 thunderstorm (Taylor and Jonsson, 2004).

580

581 **Figure 2:** Wind speed at 4 different stations along Israel. Bet Dagan (in blue) is located
582 12 km southeast of Tel-Aviv. Hadera Port (red) is located on the coastline, 45 km north
583 of Tel-Aviv. Hakfar Hayarok (green) is 5 km northeast of Tel-Aviv, and Tel-Aviv coast
584 (purple) is located on the Mediterranean coastline. All stations recorded an abrupt and
585 short-lived increase in wind-speed around 10 AM local time, indicating the passage of
586 the gust front. Data courtesy the Israeli Meteorological Service.

587

588 **Figure 3:** (a) Visible MODIS Satellite image at 12 UT when the cold front and
589 thunderstorms already moved into Israel (b) Lightning strokes detected on October 25th
590 2015 by the ILDN (Israel Lightning Detection Network) operated by the Israeli
591 Electrical Corporation. Each point is a ground stroke. The panels show cumulative
592 values at 30 minutes intervals, local time indicated and the location of the 3 hospitals
593 involved in this research.

594

595

596 **Figure 4:** 1-minute accumulated lightning numbers detected on October 25th 2015 as a
597 function of time. The total cloud-to-ground stroke rate (grey) exhibits a sharp maximum
598 around 09:45 local time, as the cells passed over central Israel.

599

600 **Figure 5:** Mass concentration of PM10 aerosols for 16 stations in Israel, 25th October
601 2015. Data is given in $\mu\text{g m}^{-3}$. Note the peak around 1000 local time, coinciding with
602 the passage of the gust front. The sharp, strong peak was measured at the Rambam
603 Medical Center in haifa.

604

605 **Figure 6:** Daily average concentrations of pollen and spore numbers for October 2015,
606 based on data collected at Tel-Aviv University's monitoring station in the botanical
607 gardens on campus (Data courtesy of Prof. Amram Eshel, the Laboratory for Pollen
608 Monitoring, Tel-Aviv University).

609

610 **Figure 7:** Emergency room presentations at 3 Israeli hospitals in the 3 days preceding
611 and following the October 25th 2015 super-cell event: Meir Medical center (blue),
612 Rambam medical center (orange), HaEmek medical center (grey).

613

614 **Figure 8:** Two months of ER presentations of patients with respiratory problems at the
615 Meir Medical Center in Kfar-Saba, central Israel (for the period 1.10.2015-30.11.2015).
616 The October 25th record shows a 250% increase in a single day.

617

618

619

620 **Appendix A**

621

622 Table showing flowering months for various allergenic plants in Israel (based on

623 Keinan, 1992). Yellow marks little flowering, dark brown marks massive flowering.

624

	1	2	3	4	5	6	7	8	9	10	11	12
<i>Cynodon dactylon</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Hyparrhenia hirta</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Pennisetum clandestinum</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Stenotaphrum secundatum</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Paspalum vaginatum</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow
<i>Zoisia sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow
<i>Sorghum halepense</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Chloris gayana</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Poa sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Hordeum sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Lolium sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Bromus sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Dactylis glomerata</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Avena sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Parietaria sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Ricinus communis</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Chenopodium sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Urtica sp.</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Mercurialis annua</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Plantago sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
<i>Amaranthus sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Inula viscosa</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow
<i>Ambrosia sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow
<i>Xanthium sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow	Yellow
<i>Salsola kali</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow
<i>Atriplex halimus</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow
<i>Artemisia monosperma</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow	Yellow
<i>Artemisia herba alba</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Yellow
<i>Eucalyptus sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Thuja sp.</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Cupressaceae</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Phoenix dactylifera</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Quercus ithaburensis</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Quercus calliprinos</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Pistacia lentiscus</i>	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Pistacia palaestina</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Olea europaea</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Acacia sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Carya illinoensis</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Ailanthus glandulosa</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Ceratonia siliqua</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Schinus sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown
<i>Casuarina sp.</i>	Yellow	Yellow	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown	Dark Brown

