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**Title:** Rip current rescues and drowning in the United States

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**Abstract:**

Rip currents are the greatest hazard to swimmers on surf beaches, but due to a lack of consistent incident reporting in many countries, it is often difficult to quantify the number of rip current related rescues and drowning deaths occurring along surf beaches. This study uses rescue data reported to the United States Lifesaving Association (USLA) by surf beach lifeguards from 1997 through 2016 to provide an estimate of rip current related rescues in the United States. Results show that rip currents are the primary cause of 81.9% of rescues on surf beaches, with regional variation from 75.3% (East Coast) to 84.7% (West Coast). These values are significantly higher than those previously reported in the scientific literature. Using this value as a proxy when examining overall surf beach related drowning fatalities, it is suggested that an annual figure of 100 fatal drownings per year due to rip currents in the United States is possibly an underestimate. However, it is clear that the United States data would benefit by an increase in the number of lifeguard agencies which report surf related rescues by primary cause.

**Keywords:** beach safety, beach hazard, coastal hazard, lifeguards



30 **1. Introduction**

31

32 On beaches around the world characterized by wave breaking activity across surf zones (herein  
33 referred to as ‘surf beaches’), it is well established that the primary cause of rescues conducted  
34 by lifeguards, as well as fatal drownings, are rip currents (e.g. Klein et al., 2003; Gensini and  
35 Ashley, 2010a; Brighton et al., 2013; Brander and Scott, 2016). Rip currents are strong and  
36 concentrated flows of water moving away from the shoreline that are driven by alongshore  
37 variability in wave breaking and energy dissipation (Castelle et al., 2016). They are complex and  
38 variable features that are manifest as diverse types, which can be both persistent and transient in  
39 occurrence and location, may occupy deeper channels between shallower sand banks or lack any  
40 morphologic expression at all, and can occur along open stretches of beaches, both oceanic and  
41 lacustrine, or against hard structures such as headlands or piers (Castelle et al., 2016).

42

43 Typical rip currents are on the order of 5-50 m wide and extend to the seaward limit of the surf  
44 zone, where they may re-circulate, or extend past the surf zone variable distances offshore  
45 (Castelle et al., 2016). Mean rip current flow speeds over sustained periods (hours) are on the  
46 order of 0.3-0.5 ms<sup>-1</sup>, but rips can experience short-lived pulsations of 2 ms<sup>-1</sup> or more  
47 (MacMahan et al., 2006) making them a significant hazard to swimmers or waders of all  
48 swimming abilities who may find themselves caught in one. Inexperienced surfers and  
49 bodyboarders can also be imperiled by rip currents (Attard et al., 2015).

50

51 There has been a significant and recent increase in research relating to both physical and social  
52 aspects associated with the rip current hazard (e.g. Hatfield et al., 2012; Brannstrom et al., 2014;  
53 McCarroll et al., 2014; Scott et al., 2014; Castelle et al., 2016b; Houser et al., 2017). However,  
54 an ongoing challenge in addressing the actual societal and economic impact of the rip current  
55 hazard for beach safety practitioners, governments, and scientist alike is obtaining accurate  
56 values of the number of rip current related lifeguard rescues and fatal rip current drownings. In  
57 terms of the latter, two key factors make it impossible to determine the number of deaths caused  
58 by rip currents with complete accuracy.

59



60 First, it is well established that the majority of fatal rip current drownings occur on beaches  
61 unpatrolled by lifeguards, or outside of seasonal or daily beach patrol times (Branche and  
62 Stewart, 2001; Brander and Scott, 2016; SLSA, 2017). In some of these incidents, there are  
63 simply no eyewitness accounts available to help determine the cause of drowning. In others,  
64 drowning deaths are observed, but by people lacking necessary awareness and understanding to  
65 correctly attribute the role (if any) of a rip current in a drowning.

66

67 Second, in many countries there are no national requirements for reporting the causal factors  
68 (such as rip currents) in coastal drowning deaths. Even in countries that do, such as Australia  
69 (Brighton et al., 2013) and Costa Rica (Arozarena et al., 2015), the documented number of rip  
70 current fatalities is likely underestimated for the reasons previously noted. For example, while  
71 Brighton et al. (2013) determined an average of 21 rip current related fatalities on Australian  
72 beaches per year, they emphasized that this value was an underestimate as it was based only on  
73 confirmed rip current related drowning deaths.

74

75 The United States, with thousands of kilometers of coastline affected by rip currents and  
76 hundreds of millions of beachgoers each year, presents a challenge in accurately determining the  
77 number of rip current related drownings that occur. There are five distinct coastal regions  
78 characterized by different wave climates and physical characteristics, such as geologic setting  
79 and beach type: i) the continental Pacific west coast; ii) the Atlantic east coast; iii) the Gulf  
80 Coast; iv) the coastlines of the Great Lakes; and v) the Hawaiian Islands. Air and water  
81 temperature differences, as well as beach user demographics and beach usage, can also vary  
82 greatly between these regions, creating variable ‘swimming seasons’ throughout the country

83

84 The complex forcing mechanisms associated with rip current formation, type and location both  
85 within and between these regions not only leads to exposure to the rip current hazard being  
86 extremely variable spatially and temporally, but also makes it impossible to provide even a gross  
87 estimate of the occurrence and location of rip currents on United States beaches at any given  
88 time. Similarly, although some coastal U.S. National Weather Service (NWS) offices receive  
89 daily reports on rip current activity from lifeguards to assist in evaluating and disseminating their



90 public rip current hazard advisory (Houser et al., 2017; Moulton et al., 2017), these reports do  
91 not typically include the specific type, location or number of rip currents.

92  
93 Perhaps most importantly, as in other countries, the presence of lifeguards on U.S. beaches is  
94 temporally and spatially variable. While some beaches have lifeguard beach patrols year-round,  
95 and two (Los Angeles County and San Diego) staff lifeguards 24-hours a day, others are staffed  
96 seasonally or are completely unstaffed (not patrolled). As such, there are many periods of time  
97 and beaches where lifeguards are absent. The breadth of services provided by U.S. lifeguard  
98 agencies also varies tremendously. Some are staffed and funded as primary providers of public  
99 safety, with a variety of advanced training and equipment, such as oceangoing rescue vessels, 9-  
100 1-1 answering points, and advanced medical training. Others provide more basic services with  
101 limited technology (USLA, 2017).

102  
103 Despite these challenges, several attempts have been made to quantify the number of rip current  
104 related fatalities on U.S. beaches. Lushine (1991) combined documented rip current drowning  
105 fatalities in Florida, North Carolina and Alabama with various nationwide drowning statistic  
106 databases to estimate that 150 rip current related fatalities occur each year nationally. Gensini  
107 and Ashley (2010a) used Lexis Nexis, an online archive of newspaper articles sourced from local  
108 and national newspapers, combined with the National Climatic Data Center's (NCDC) *Storm*  
109 *Data* database (which uses a wide variety of sources from emergency management officials to  
110 newspaper clipping services), to conclude that on average 35 people die from rip currents in the  
111 U.S. each year. In contrast the United States Lifesaving Association (USLA) have estimated that  
112 rip current fatalities in the US can exceed 100 per year. This USLA estimate was arrived at  
113 internally in 2004 through a two-step process outlined in documentation submitted to the  
114 National Weather Service (USLA, 2004) that is provided here as supplementary material . First,  
115 the number of deaths each year at surf beaches was estimated based on several published studies.  
116 Second, the USLA theorized that the percentage of rescues from drowning due to rip currents,  
117 based on reports by lifeguards at surf beaches (then found to be over 80%), is a proxy for the  
118 relative proportion of surf drowning fatalities due to rip currents in the absence of rescue, and  
119 applied that percentage to the total number of estimated surf beach deaths (USLA, 2004). The  
120 discrepancies among these three estimates bear further evaluation.



121

122 Since 1966, the USLA has been soliciting annual data from beach lifeguard agencies around the  
123 country including the number of rescues from drowning, the cause of those rescues, the number  
124 of medical aids provided, drowning fatalities, estimated attendance, and many other data points.  
125 Lifeguard agencies are managed independently of the USLA, which sets recommended  
126 operational guidelines. These agencies are only obligated to report annual statistics to the USLA  
127 if they are “certified” (accredited) by the USLA, although they are welcome to report regardless  
128 of certification status. The USLA is the only national group collecting this data. Most, though not  
129 all, lifeguard agencies reporting data to the USLA serve surf beaches where rip currents are  
130 present. In 2016, the final year of data included in this study, there were 150 USLA certified  
131 agencies nationwide, varying in size from Los Angeles County and California State Parks on the  
132 large side (over 700 lifeguards each), to very small agencies with as few as 10 lifeguards.

133

134 As noted, one of the data points collected by the USLA is rescues from drowning, including  
135 those from rip currents. Those reporting are surf lifeguards trained to identify and rescue people  
136 from distress in rip currents. As noted earlier, the USLA, based on an evaluation of the data it  
137 collects, has consistently reported over many years that the primary cause of over 80% of rescues  
138 from drowning by lifeguards at surf beaches is rip currents and that in some areas this proportion  
139 is higher. However, two independent published studies have reviewed USLA data and come to  
140 different conclusions from the USLA regarding the percent of rip current caused rescues. Gensini  
141 and Ashley (2010b) reviewed the USLA data from 2000 to 2009 and concluded that roughly  
142 36.5% of rescues reported to the USLA in those years were due to rip currents. Brighton et al.  
143 (2013) reviewed the USLA data from 2005 to 2011 and concluded that 53.7% of the rescues  
144 reported to the USLA were due to rip currents. Thus, three sources, reviewing similar data,  
145 although during different time periods, have come to widely varying conclusions about what the  
146 data collected and reported by the USLA shows (Brewster, 2010; Brewster and Gould, 2014).

147

148 Rescues from rip currents at beaches where lifeguards are present and report their data can  
149 provide insight into the magnitude of the hazard and may be useful as a proxy for the percent of  
150 drowning deaths at surf beaches. The primary aim of this study is therefore to accurately  
151 evaluate and report the percentage of rescues from rip currents by lifeguards reporting to the



152 USLA. We also aim to determine why researchers have come to vastly different conclusions as  
153 to what the USLA data shows and comment on the USLA estimate that rip current related  
154 drowning fatalities in the U.S exceed 100 per year.

155

## 156 **2. The United States Lifesaving Association (USLA) Dataset**

157

158 The USLA refers to itself as “Americas nonprofit professional association of beach lifeguards  
159 and open water rescuers” (USLA, 2018a). The USLA does not directly train or certify beach  
160 lifeguards, but rather promulgates training standards and certifies (accredits) lifeguard providers  
161 (agencies) that choose to apply and that are found to meet USLA requirements. These lifeguard  
162 agencies are typically funded by federal, state, and local governments, as well as a few private  
163 entities, some working as contractors to governments.

164

165 Many public and private beach lifeguard agencies in the United States record work output and  
166 beach observations in a manner similar to that of police and fire agencies. The resulting data  
167 offer measures of the services provided and help guide staffing and budgeting decisions. Each  
168 year many lifeguard agencies report this data to the USLA. In the most recent full year of  
169 reporting (2016), 150 lifeguard agencies reported. These rescue reports vary in magnitude from  
170 Los Angeles County, which reported 12,956 rescues from drowning that year, to much smaller  
171 agencies that reported as few as one rescue (USLA, 2018b).

172

173 The USLA has suggested a variety of metrics that should be used by beach lifeguard agencies to  
174 encourage overall consistency of reporting. These metrics include actual work output, such as  
175 rescues from drowning and medical aids performed, drowning deaths, and many other data  
176 points. They also include estimates of beach attendance. Annual summaries and the underlying  
177 data provided to the USLA are published and made freely available at: [www.usla.org/statistics](http://www.usla.org/statistics).

178

179 One of the key data points reported to the USLA is the number of rescues from drowning. For  
180 purposes of reporting, the USLA defines rescues as “*Total persons who are judged to be in  
181 imminent peril and brought to safety by a lifeguard. Usually involves physical contact. Does not  
182 include people who are given oral instructions to move to a safer location.*” (USLA, 2018b).



183

184 The USLA also encourages agencies to document and report the primary cause of distress that  
185 led to the rescue. The primary cause reporting options for rescues include: ‘surf’, ‘rip current’,  
186 ‘scuba’, and ‘swiftwater’. Agencies may choose none of these if they do not categorize the  
187 primary cause of rescue or if none of these categories apply to a given rescue. ‘Surf’ refers to  
188 rescues in response to people who find themselves in distress due to the action of breaking waves  
189 or being out of depth. ‘Rip current’ refers to rescues in response to people caught in rip currents.  
190 ‘Scuba’ refers to rescues involving scuba divers. ‘Swiftwater’ refers to people in distress in  
191 inland areas due, for example, to river flooding, and are therefore not rip current related.

192

193 Data on rescues is typically tabulated in rescue reports by the lifeguards who effect the rescues.  
194 USLA training materials include extensive information on identifying rip currents and rescuing  
195 people in peril from rip currents (USLA, 2017). The rescue reports are compiled by the agencies  
196 and subsequently reported annually, via an online reporting system, to the USLA. Prior to the  
197 initiation of an online reporting system, reports were submitted manually via mail or email. The  
198 transition to electronic reporting occurred gradually, beginning in the late 1990s.

199

200 One of the challenges for reviewers of data reported to the USLA is that reporting lifeguard  
201 agencies are under no obligation to tabulate or report the primary cause of distress that led to the  
202 rescue. For example, in a given year one agency might report 50 rescues broken down by  
203 primary cause, but another agency may simply only report 50 rescues (no primary cause). If the  
204 total number of reported rescues for the year is compared to the total number in which rip  
205 currents were identified as the primary cause, without factoring out those agencies that failed to  
206 report a primary cause, then the actual proportion of rescues related to rip currents (or other  
207 primary causes) is diluted.

208

209 A second challenge for reviewers of USLA data is that some reporting agencies are solely  
210 responsible for inland areas, such as reservoirs and rivers, where surf and rip currents are not  
211 present (the Great Lakes, where rip currents are present, are an exception.) Nevertheless, these  
212 agencies’ total rescue numbers are included in the total number of rescues in any given year. For  
213 reasons similar to primary cause reporting, if the total number of reported rescues for a given



214 year is compared to the total number in which rip currents were identified as the primary cause,  
215 without factoring out those agencies that serve beaches without rip currents, then the proportion  
216 of rescues related to rip currents is further diluted.

217

218 A third challenge for reviewers of the USLA data is that some agencies oversee both surf and  
219 inland areas, but report totals of all rescues at both venues (and the underlying causes). One  
220 example is the city of San Diego, which reports thousands of rescues each year including some  
221 (albeit a small number) that occur in Mission Bay, which is a low energy estuarine environment  
222 with no surf conditions or rip currents. Similarly, California State Parks oversees lifeguards at  
223 both surf beaches and inland lakes (including reservoirs), including them all in a total number of  
224 rescues (and underlying causes).

225

226 In determining the percent of rescues attributable to rip currents at surf beaches, it is necessary to  
227 exclude rescue reports from agencies that do not identify the primary cause of the rescue and to  
228 exclude, to the greatest extent possible, rescue reports from inland areas where rip currents are  
229 not present. If these steps are not taken in data evaluation, the percent of rip current caused  
230 rescues will be misrepresented. Avoiding this misrepresentation requires both an in-depth review  
231 of the data and knowledge of which reporting agencies serve only inland areas. Even then, for  
232 the hybrid agencies that cover both inland and surf, it is not possible to exclude the inland rescue  
233 data, because it is not separately reported. A goal of this study is to attempt to eliminate factors  
234 in the USLA rescue dataset that artificially under-represent the impact of rip currents on rescues  
235 and drowning.

236

### 237 **3. Methodology**

238

239 Analysis of USLA rescue data was restricted to the most recent 20 years of compiled data from  
240 1997 to 2016. Data was first checked and corrected for any errors and anomalies. For example,  
241 there were several isolated examples where data from one agency appeared twice in a given year,  
242 and in a few other cases, the total addition of yearly rescues was found to be mathematically  
243 incorrect. These turned out to be minor and did not affect the overall data outputs significantly.





244 As a typical example, a double reporting of data by an agency in 2002 increased the total number  
245 of rescues by 10, but this was only 0.021% of the total number of rescues in the year.

246

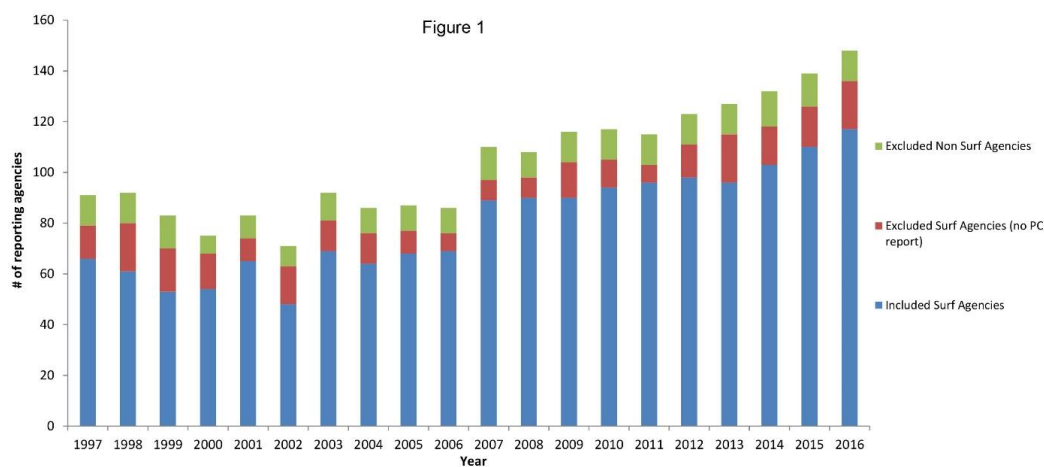
247 The dataset was then culled using objective decision rules. Specifically, as the purpose was to  
248 examine rip current rescues on surf beaches, rescue data from any agency overseeing a body of  
249 water that did not include surf beaches was removed. Great Lakes beaches were left in the  
250 dataset because they are large enough to generate surf and rip currents under certain  
251 meteorological conditions, although reporting from the Great Lakes, which included the city of  
252 Chicago in early periods of the dataset, is presently minimal.

253

254 Any agency that did not report a primary cause of rescues was also removed. This, unfortunately,  
255 resulted in removal of the entire dataset of Los Angeles County, which normally reports the  
256 largest number of rescues of any beach agency. It was found that in a typical year this is more  
257 than 15% of all rescues reported to the USLA. However, a random sampling of agencies  
258 reporting in Orange County (to the immediate south of Los Angeles County) found rip currents  
259 to be the primary cause in 83% of rescues from drowning. This is comparable to all West Coast  
260 agencies, so it appears likely that if Los Angeles County were to report, it would report similar  
261 values.

262

263 Figure 1 shows the total number of agencies reporting for each year and the excluded agencies  
264 (those with no primary cause being reported or non-surf beach agencies). Agencies with both  
265 surf and non-surf beaches were included if they reported a primary cause, despite the inevitable,  
266 unknown degree of overall dilution of rip currents as a primary cause. Any reports of rescues due  
267 to the cause 'swiftwater rescue' were removed from consideration since, by definition, they do  
268 not occur at surf beaches. In general, the number of included surf agencies that report primary  
269 cause has increased over time, while the number of excluded agencies has remained relatively  
270 constant (Figure 1).



271

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275

276 Where ‘scuba’ was listed as a primary cause, the rescues were included, as these rescues can and  
277 do take place in surf environments. In these cases, as in others, the primary cause is up to the  
278 determination of the reporting rescuer. That is, for example, a scuba diver may be rescued due to  
279 complications from scuba diving, or from being caught in a rip current, or both. The primary  
280 cause is what is to be reported and what we rely on here.

281

#### 282 4. Results and Discussion

283

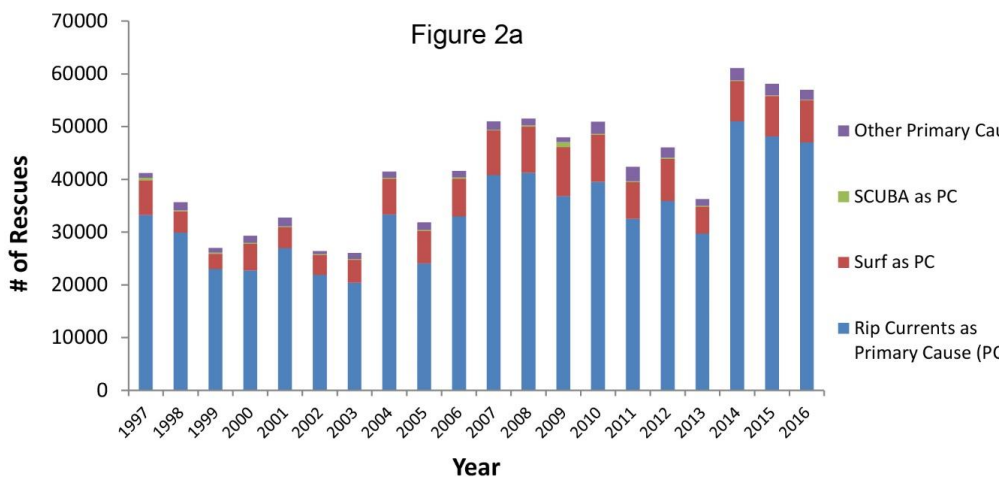
284 Primary causes of surf beach rescues conducted for the period 1997-2016 for all included  
285 reporting agencies in the U.S. were geographically separated into East, West, and Gulf coasts, as  
286 well as the Hawaiian Islands (Table 1). The Great Lakes were not included because no agency  
287 from the Great Lakes reported a primary cause. In general, the percent of rescues caused by  
288 distress due to rip currents ranged from 75.3% (East Coast) to 84.7% (West Coast) with a long-  
289 term average across all regions of 81.9% (Table 1). Figure 2a shows the gross reporting of  
290 primary cause rescues for included agencies during the period 1997-2016 and while the number  
291 of rescues for all primary causes clearly fluctuates temporally, as evident in Figure 2b this is  
292 largely due to the increase in reporting lifeguard agencies over this time. As also evident in



293 Figure 2b, the percentage of total rip current rescues as the primary cause of all rescues  
 294 nationally varies annually from 75.7% (2005) to 85.1% (1999) with no clear temporal trend  
 295 apparent. There are many factors involved that can impact the number of rip current rescues that  
 296 occur in a given year including weather conditions, surf conditions, number of rip currents  
 297 present, and beach visitation numbers. However, overall, even if the rip rescue data is normalized  
 298 by the number of reporting lifeguard agencies, the number of surf rescues attributable to rip  
 299 currents does not vary greatly over time.  
 300

<b>Region/Rescues</b>	<b>All</b>	<b>Rip Current</b>	<b>Surf</b>	<b>Scuba</b>	<b>Other</b>
East Coast	233,167	175,572 (75.3)	50,135 (21.5)	227 (0.1)	7,233 (3.1)
West Coast	608,041	514,935 (84.7)	65,349 (10.7)	4,288 (0.7)	23,469 (3.9)
Gulf Coast	15,154	11,876 (78.4)	3,157 (20.8)	16 (0.1)	105 (0.7)
Hawaiian Islands	47,191	37,632 (79.7)	7,262 (15.5)	150 (0.3)	2,147 (4.5)
<b>TOTAL</b>	903,553	740,015 (81.9)	125,903 (13.9)	4,681 (0.5)	322,954 (3.6)

301 Table 1: Primary causes of rescues on surf beaches reported to the USLA  
 302 statistic database 1997-2016 by coastal region in the U.S. The percent of rescues  
 303 by primary cause are indicated in parentheses. The Great Lakes are not included  
 304 as no lifeguard agency in that region reports primary cause.

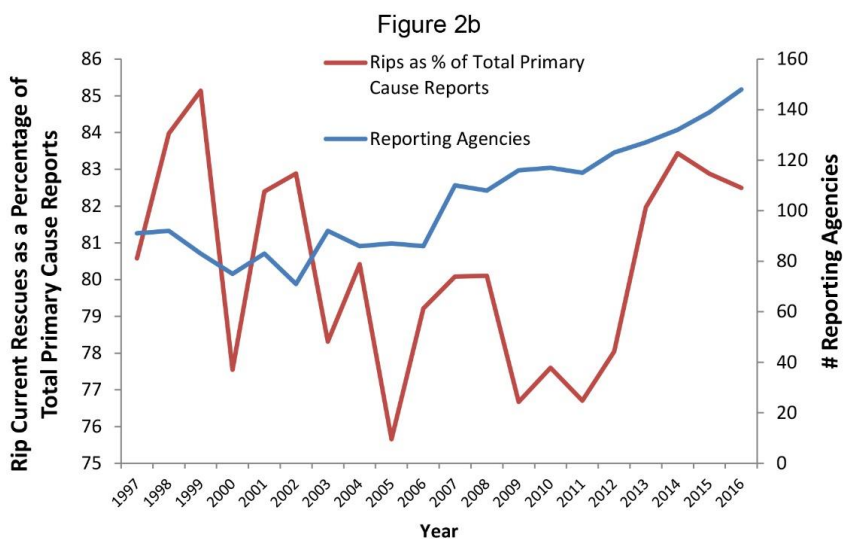


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Figure 2. a) Total rescues reported to the USLA by primary cause over the period 1997-2016.



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309

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Figure 2. b) Percentage of rip current rescues as primary cause and the number of lifeguard reporting agencies to the USLA over the period 1997-2016.



#### 311 **4.1 Under-estimating rip current rescues**

312 Brighton et al (2013) reviewed a smaller cohort of USLA data (2005 – 2011) and determined that  
313 only 53.7% of rescues were related to rip currents, which is significantly lower to the estimates  
314 derived here. The difference can be attributed to Brighton et al. (2013) using gross rescue totals  
315 in the USLA data, without excluding agencies that did not report a primary cause, agencies at  
316 beaches without surf, and swiftwater rescues. Examining the same data in this way yields a result  
317 of 54.9%, which is very close to the value reported by Brighton et al. (2013) and suggests that  
318 their estimate significantly underestimates the percent of rescues attributable to rip currents in  
319 the U.S.

320

321 Another aspect of the data reporting by Brighton et al. (2013) reveals some of the challenges  
322 involved in the reporting of rip current rescues in general. In reviewing Australian lifeguard and  
323 lifesaver rescue data provided by Surf Life Saving Australia (SLSA), Brighton et al. (2013)  
324 found that just 57.4% were attributable to rip currents. While they removed rescue reports  
325 “known to be in areas unaffected by rips” (as done in our study), they were only able to report on  
326 data relating to “major rescues”, which are cases where “treatment is required” post-rescue and  
327 only make up 1.4% of all rescues reported by SLSA. The reason for this is that these were the  
328 only incidents in the dataset where a primary cause of rescue was reported. Thus, they represent  
329 unusual and extreme cases and likely also greatly underestimate the actual percentage of rescues  
330 on Australian surf beaches caused by rip currents. Of note, the U.S. data from agencies reporting  
331 a primary cause includes 100% of rescues, whether major or routine.

332

333 Other discrepancies involving the USLA dataset set are presented in Gensini and Ashley (2010b)  
334 who reviewed data for the years (2000 – 2009) and suggested that only 36.5% of rescues on U.S.  
335 beaches were attributed to rip currents, which is less than half of the 75-84% range reported here.  
336 We reviewed the data published on our website for these same years. Even when using gross  
337 data, without excluding data from agencies that did not report a primary cause and agencies from  
338 areas serving areas without surf, we found that 53% would appear to be attributable to rip  
339 currents, which is similar to the value reported by Brighton et al. (2013) for overlapping years.  
340 We then reviewed all of the years of USLA data for our study period without correcting for  
341 agencies that did not report a primary cause of the rescue and agencies at beaches without surf.



342 The percent of rescues related to rip currents was found to be 49%. This is quite similar to the  
343 conclusions of Brighton et al, but significantly higher than that of Gensini and Ashley (2010b)  
344 and it remains uncertain how their value of 36.5% was attained.

345

#### 346 **4.2 Rip current rescues and fatalities**

347 As described in the Introduction, some discrepancy also exists regarding estimates of annual  
348 average rip current related drowning fatalities in the U.S., with values ranging from 35 (Gensini  
349 and Ashley, 2009) to more than 100 (USLA, 2004) to 150 (Lushine, 1991). It is important to  
350 note that all of these values are estimates as there is no U.S. national database for surf beach  
351 drowning fatalities, which is also a global problem due to the overall lack of accurate and  
352 consistent incident reporting. It was noted earlier that the USLA has theorized the percent of  
353 rescues from drowning in rip currents as a proxy for the percentage of drowning deaths at surf  
354 beaches in the absence of rescue.

355

356 To examine the approach of relying solely on USLA data for rip current drowning estimates, we  
357 reviewed the most recent full calendar year of fatal drowning reports from surf beach lifeguard  
358 agencies to the USLA (2016). There were 128 surf beach lifeguard agencies that reported a total  
359 of 77 drowning deaths in unguarded areas within their jurisdictions (areas where and when  
360 lifeguards were not present) and 22 drowning deaths in guarded areas (areas with lifeguards on  
361 duty) for a total of 99 drowning deaths in calendar year 2016. If we apply the long-term national  
362 average of 81.9% of rip current related rescues (Table 1) to that value, it can be hypothesized  
363 that 81 deaths were likely due to rip currents in the jurisdictions of the reporting lifeguard  
364 agencies. Importantly, the number of reporting lifeguard agencies come nowhere near covering  
365 the breadth of all the surf beaches in the U.S. and many are staffed (and report) only in summer  
366 months. Using the assumption that rip current related rescues are a proxy for rip related  
367 drowning fatalities, the USLA estimate of more than 100 per year seems well-justified, if not an  
368 under-estimate.

369

370 The authors note that the U.S. National Weather Service recently began posting reports of U.S.  
371 “surf zone fatalities” at: <https://www.weather.gov/safety/ripcurrent-fatalities17>. The sources of  
372 the data are not identified on the NWS website, so we cannot comment on the reliability of the



373 data. The website states, “Accurately tracking these types of fatalities is difficult because so  
374 many go unreported and undocumented.” The data includes an annual average number of rip  
375 current related drowning fatalities between 2013-2017 of 62 fatalities per year. This would again  
376 suggest that the actual number is closer to the USLA estimate.

377

#### 378 **4.3 Limitations and value of the USLA dataset**

379 There are clear limitations in the USLA data, some of which have been described here  
380 previously. Not all surf beach lifeguard agencies in the U.S. report rescue data to the USLA and  
381 some that do report do not report a primary cause. As well, the dataset is limited in that it cannot  
382 be demonstrated to represent a proportional exposure, on a per visitor basis, to rip currents on all  
383 beaches of the US. We therefore agree with Brighton et al. (2013) that the collection of drowning  
384 data using consistent categories and the routine collection of rip current information will allow  
385 for more accurate global comparisons. If beach lifeguard agencies worldwide used consistent  
386 reporting data points and reported on the primary cause, including rip currents, for all rescues,  
387 beach safety practitioners would be better able to determine the impact of the rip current hazard  
388 globally and develop public awareness and education strategies accordingly (Houser et al.,  
389 2017). This is certainly true of the surf beach reporting situation in the United States.

390

391 The value of the USLA data is that it is the largest single repository in the world of data related  
392 to causation of distress at surf beaches. For example, an average of 80,002 rescues from  
393 drowning per year were reported to the USLA over the five-year period 2012 -2016, for a total of  
394 415,014 rescues, most with a primary cause denoted. While the USLA has shared this data  
395 publicly, this study has shown that without a full understanding of the individual, underlying data  
396 sources, researchers may have difficulty making necessary and accurate conclusions. In response  
397 to values reported in previous studies, it is hoped that this study now provides a more clear  
398 representation of the USLA dataset in regards to the rip current hazard.

399

#### 400 **5. Conclusions**

401

402 An examination of rescue data reported by surf lifeguards in the United States to the United  
403 States Lifesaving Association has shown that rip currents are the primary cause of between 75.3-



404 84.7% of all surf rescues on regional American beaches, a significantly higher estimate than  
405 previously reported in the scientific literature. Using the percentage of rip current caused rescues  
406 as a proxy to estimate the number of annual drowning deaths attributable to rip currents in the  
407 U.S. suggests that an annual figure of over 100 is not unreasonable, particularly as it is based on  
408 actual reports of beach lifeguard agencies. Regardless of the limitations of this approach, it is  
409 clear that the United States is in need of an improved and consistent approach amongst all  
410 lifeguard agencies to report surf related rescues by primary cause. It is vital to develop accurate  
411 estimates of both rip current related rescues and drowning deaths so that local governments,  
412 public policymakers, tourism authorities, public health professionals, and funders of mitigation  
413 measures understand that rip currents are by far the greatest health hazard related to those  
414 entering the water at surf beaches. Through this awareness, appropriate resources such as the  
415 provision of additional lifeguard services and development of public education programs can be  
416 justified and implemented to assist in drowning prevention.

417

418 *Data availability.* This work relied entirely on data published in a publicly available database by  
419 the United States Lifesaving Association on its website at: [www.usla.org](http://www.usla.org).

420

421 *Competing interests.* B. Chris Brewster is a long-time volunteer official with the United States  
422 Lifesaving Association in various unpaid positions. Rick Gould is a long-time volunteer official  
423 with the United States Lifesaving Association, primarily overseeing the gathering and  
424 publication of the statistics referenced herein. Rob Brander declares that he has no conflict of  
425 interest.

426

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