

Revision Notes

Below please find the comments of each referee, followed by our reply (as it was uploaded in response to the referee) and a reference in parentheses to the line numbered area in the strikeout/underline version of the revised text which follows this document.

Anonymous Referee #1

Anonymous Referee #1 writes: Overall this update to use of USLA statistics is extremely valuable to the rip current research community. Most statistics being used to date are either a decade old or failed to specifically elaborate on methods employed to arrive at reported stats

Authors' Response: We thank the referee for seeing the value in this study and for the referee's constructive comments throughout the review. As is noted below, the referee's suggestions have led to what we consider to be significant improvements to the paper. We are most grateful.

Referee Comment #1: The abstract would be served by including more robust details from the body of the submission regarding how the data was treated.

Authors' Response: We agree with this comment and have added in additional detail to the abstract so that it now reads as follows (revised document lines 12 – 26):

“Rip currents are the greatest hazard to swimmers on surf beaches, but due to a lack of consistent incident reporting in many countries, it is often difficult to quantify the number of rip current related rescues and drowning deaths occurring along surf beaches. This study uses rescue data reported to the United States Lifesaving Association (USLA) by surf beach rescuers from 1997 through 2016. This data was checked, corrected, and culled so that only data from surf beach rescue agencies that reported the primary cause of rescue were included. Results show that rip currents are the primary cause of 81.9% of rescues on surf beaches, with regional variation from 75.3% (East Coast) to 84.7% (West Coast). These values are significantly higher than those previously reported in the scientific literature (e.g. 36.5%; 53.7%). Using this value as a proxy when examining overall surf beach related drowning fatalities, it is suggested that more than 100 fatal drownings per year occur due to rip currents in the United States. However, it is clear that the United States data would benefit by an increase in the number of lifeguard agencies which report surf related rescues by primary cause.”

Referee Comment #2: The mention in methodology of why the Great Lakes remained in the dataset is undermined by the first portion of results in discussion where it's revealed the Great Lakes were ultimately removed anyway due to lack of primary cause reports. This should be included in the methodology section. Something like "while the Great Lakes are subject to physical forces resulting in rip currents; the Great Lakes reports contained no primary cause of drownings. As such, while they were initially defined as one of our 5 research regions, the Great Lakes data was unable to be included".

Authors' Response: Thank you for identifying this discrepancy. We have changed the text, in several areas, with statements similar to this (revised document lines 259 – 265; 299 – 301; 318 – 319):

“While the Great Lakes represent one of the five coastal regions in the U.S. and are subject to physical forcing mechanisms that can generate rip currents, they were not included in further analysis since, with one minor exception, rescue data from the Great Lakes does not include primary cause of rescue.”

Referee Comment #3: Section 4.1, underestimating is one word, no hyphen

Authors' Response: This has been corrected. (Line 331)

Referee Comment #4: Section 4.2 Steve Pfaff at the Wilmington, NC office of the NWS may actually be driving the reports you mention on line 370. He started just such a database from his forecasting region compiling medical examiner notes, news stories and speaking with lifeguards to more definitively track the causes of reported drowning deaths. He's been doing this for a while. At the very least, he may know what it is being reported by NWS.

Authors' Response: We have contacted the NWS directly regarding this and were advised that John Kuhn is the person leading maintenance of this database. Through personal communication (email) he told us that the primary source is from media outputs with some input from emergency management and water rescue officials. We have therefore adjusted the text to read (revised document lines 369 – 384):

“As described in the Introduction, some discrepancy also exists regarding estimates of annual average rip current related drowning fatalities in the U.S., with reported values ranging from 35 (Gensini and Ashley, 2009) to more than 100 (USLA, 2004) and as high as 150 (Lushine, 1991). It is important to note that all of these values are estimates as there is no comprehensive U.S. national database for surf beach drowning fatalities. The closest attempt at this is by the U.S. National Weather Service (NWS) which posts reports of U.S. surf zone fatalities at: <https://www.weather.gov/safety/ripcurrent-fatalities17> and includes an annual average number of reported rip current related drowning fatalities between 2013-2017 of 62 per year.

According to the NWS (personal communication with John Kuhn, August 6, 2018) the primary source of this data are media reports with some input from emergency management and water rescue officials. Of note, the website states “Accurately tracking these types of fatalities is difficult because so many go unreported and undocumented.” As an example of this difficulty, in 2016 the NWS reported a total of 108 surf zone fatalities, but in that same year surf rescue agencies reported 145 drowning fatalities within their jurisdictions to the USLA. This is a global problem.”

Referee Comment #5: My concern with the paper revolves around potentially unfounded assertions regarding extrapolated "real" number of fatalities presented in a quantitative manner. I don't have issue with the data as presented, but the way it's being expanded is not supported.

Mentions either need to be removed or covered in a more detail. For instance, line 374-376 states "The data includes an annual average number of rip current related drowning fatalities between 2013-2017 of 62 fatalities per year. This would again suggest that the actual number is closer to the USLA estimate [of 100 instead of 35]. This paper concluded a measurable 62 annual fatalities; that's 38 from the USLA estimate of 100 and only 27 fatalities away from the Gensini and Ashley 2010 total of 35. You've made the case for fatalities from the USLA dataset to likely be underestimates, but it would have to be an underestimate by nearly 20% to make the assertion that "...suggest that the actual number is closer to the USLA..." true. Further, you state in section 4.2 line 358 through 361 that the most recent fatality stats available are less than 100 (though from 128 agencies of the 150 mentioned in the introduction). On line 405-408 of the Conclusion the authors do this one last time "...an annual figure of over 100 is not unreasonable...". You're extrapolating 62 to be close to 100, and then conclude it's likely even higher than that. What the authors could do for this discussion is compare the average number of fatalities in 2016 per reporting agency (128) and use the total number of USLA certified agencies to put some actual numbers to these estimates. This should lead you to a higher number that could be used in support of the assertion in conclusion in line 407 that "...annual figure of over 100 is not unreasonable...". Currently, you have no real evidence for this. However, 99 drownings from 128 agencies is .77 fatalities per reporting agency. That multiplied by 150 agencies is an estimate of 116 fatalities; if the rescue data is a proxy for likely fatalities (81.9%). 81.9% of 116 is 95; and then your case for 95 being an underestimate could make sense. **THIS IS STILL A STRETCH**, but at least it's based on presented data instead of what seems emotional extrapolation. Specifically, the entire point of this paper is to call-out potential errors in formerly reported numbers, so grand statements largely unsupported by presented evidence seems counter to the overall theme.

Authors' Response: The referee's comments are excellent and caused us to reevaluate this section and to take a somewhat different approach. Regarding the 128 agencies versus 150, some of these are non-surf agencies, so not applicable, but we also found that we had undercounted the number of reporting surf agencies (and their data). Rather than focus on one year, we chose to conduct a five-year review of reports of actual drowning deaths from surf rescue agencies reporting to the USLA. We have modified this section to state as follows (revised document lines 386 – 425):

“As noted earlier, the USLA has theorized the percent of rescues from drowning in rip currents as a proxy for the percentage of drowning deaths at surf beaches in the absence of rescue. To examine this approach in more detail, we chose to review the most recent five-year period (2012 – 2016) of drowning fatality reports from surf rescue agencies reporting to the USLA, since during this period the number of reporting agencies is the highest historically, ranging from 111 in 2012 to 136 in 2016 (Figure 1). Of note, these agencies report drowning fatalities in both guarded areas (those under active lifeguard surveillance at the time of the drowning death) and unguarded areas (those within the jurisdiction of the agency, but not under lifeguard surveillance at the time of the death) and during this period an average of 109.6 drowning deaths per year were reported.

If we apply the long-term national average of 81.9% of rip current related rescues (Table 1) to the actual reports of drowning deaths (109.6 per year) from surf rescue agencies, it

can be hypothesized that 89.8 deaths per year were likely due to rip currents in the jurisdictions of the reporting agencies. This value is both higher than the estimate of 62 per year from the NWS and close to the previous estimate of 'more than 100' by the USLA (2004).

The authors estimate that less than 5% of the U.S. coastline lies within the jurisdiction of surf rescue agencies which report to the USLA. While these agencies tend to oversee highly attended beach areas (e.g. Southern California, Florida, and Hawaii), many drowning deaths outside these areas are reported each year. Thus, relying only on drowning fatality reports from these agencies will understate the number of surf drowning deaths by an unknown, but potentially significant number.”

Anonymous Referee #2

Referee Comment #1: The topic is suitable for the journal since it addresses an issue which could be of interest to the scientific community, as well as the society. The document is written in clear and fluent English, it complies with international standards and has an adequate length. The article provides statistical estimations on the specific topic of number of rip current rescues and fatal drowning in the United States that are not found worldwide.

Authors' Response: We thank the referee for these observations.

Referee Comment #2: The title could mislead the readers, since the article is mainly focused on statistical estimations and not on physical processes. It would be recommended to modify the title. An example could be: “Estimations of rip current rescues and drowning in the United States”

Authors' Response: We thank the referee for this suggestion and have made this change, which is indeed a more suitable title. (Line 3)

Referee Comment #3: The outline of the paper could be the following: 1. Introduction, 2. Aim of this study, 3. The United States Lifesaving Association (USLA) Dataset, 4. Methodology, 5. Results and discussions, 6. Recommendations.

Authors' Response: We thank the referee for this suggestion and have made this change, which we feel has improved the paper. Because there are conclusions, as well as recommendations, in the final section, we have entitled this, “Conclusions and recommendations.” (Revised document lines 33, 156, 166, 247, 295, 449)

Referee Comment #4: “Aim of this study” should appear in some place, very clearly. It is recommended to be shown at the end of the introduction, in page 5 and after line 150. The following could be said: “The primary aim of this study is, therefore, to accurately evaluate and report the percentage of rescues from rip currents by lifeguards reporting to the USLA. An additional aim would be to determine why researchers have come to vastly different conclusions as to what the USLA data shows and comment on the USLA estimate that rip current related drowning fatalities in the U.S exceed 100 per year”.

Authors' Response: We thank the referee for this suggestion. In accordance with Referee Comment #3 we have inserted the section title, "Aim of this study," at line 148 and have modified the sentence in question in accordance with the referee's suggestion, which we fully agree with. (Revised document lines 156 – 164)

Referee Comment #5: In page 3, line 86, the following sentence should be changed "but also makes it impossible to provide even a gross estimate of the occurrence and location of rip currents on United States beaches at any given time" by "but also make it difficult and laborious to provide a gross estimate of the occurrence and location of rip currents on United States beaches at any given time".

Authors' Response: We thank the referee for this suggestion and have made this change, which is most appropriate. (Revised document lines 88 – 92)

Referee Comment #6: "Recommendations" should include a proposal for an improvement in The United States Lifesaving Association (USLA) Dataset, which is provided by the surf beach lifeguards. It is recommended, among other things, to include visual or measured ocean conditions (time, wind speed, wave height and period, tidal range, surf zone wide, sketch of rip currents, among the most important parameters) and main general beach characteristics (length, beach profile, average sediment size, beach photographs) as an annex.

Authors' Response: We thank the referee for this suggestion and it is a good recommendation. Indeed, some of this information is presently recorded. However, it is well established in the literature that data gathering by lifeguards is difficult and the challenge of balancing public safety duties with data gathering duties is something we must consider. With great appreciation we have added the following section to the paper (revised document lines 461 – 479):

"Considering the number of U.S. lifeguard agencies that fail to report a primary cause of rescue, it is recommended that the United States Lifesaving Association communicate with these lifeguard agencies to endeavor to increase the level of reporting of surf related rescues by primary cause. It would also be desirable for a range of consistent and comprehensive data, involving both physical environmental and beach conditions as well as demographic beachgoer characteristics, to be reported by lifeguards. However, it is well established that data collection for beach lifeguards is difficult (Williamson et al., 2006; Harada et al., 2011; Morgan et al, 2013) for a variety of logistical and personal factors, and the fundamental challenge in balancing the tasks of providing water safety vigilance, rescue capability, and data collection, the former of which should not be compromised.

Nevertheless, it is vital to continue to work towards developing increasingly accurate estimates of both rip current related rescues and drowning deaths so that local governments, public policymakers, tourism authorities, public health professionals, and funders of mitigation measures understand that rip currents are by far the greatest health hazard related to those entering the water at surf beaches. Through this awareness,

appropriate resources such as the provision of additional lifeguard services and development of public education programs can be justified and implemented to assist in drowning prevention.”

Title: ~~Rip~~ Estimations of rip current rescues and drowning in the United States

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Abstract:

Rip currents are the greatest hazard to swimmers on surf beaches, but due to a lack of consistent incident reporting in many countries, it is often difficult to quantify the number of rip current related rescues and drowning deaths occurring along surf beaches. This study ~~uses~~ examines this problem using rescue data reported to the United States Lifesaving Association (USLA) by surf beach ~~lifeguards~~ rescuers from 1997 through 2016 ~~to provide an estimate of rip current related rescues in.~~ This data was checked, corrected, and culled so that only data from surf beach rescue agencies that reported the United States primary cause of rescue were included. Results show that rip currents are the primary cause of 81.9% of rescues on surf beaches, with regional variation from 75.3% (East Coast) to 84.7% (West Coast). These values are significantly higher than those previously reported in the scientific literature ~~(e.g. 36.5%; 53.7%).~~ Using this value as a proxy when examining overall surf beach related drowning fatalities, it is suggested that ~~an annual figure of more than~~ 100 fatal drownings per year occur due to rip currents in the United States ~~is possibly an under-estimate.~~ However, it is clear that the United States data would benefit by an increase in the number of lifeguard agencies which report surf related rescues by primary cause.

Keywords: beach safety, beach hazard, coastal hazard, lifeguards

33 1. Introduction

34

35 On beaches around the world characterized by wave breaking activity across surf zones (herein
36 referred to as ‘surf beaches’), it is well established that the primary cause of rescues conducted
37 by lifeguards, as well as fatal drownings, ~~are~~is rip currents (e.g. Klein et al., 2003; Gensini and
38 Ashley, 2010a; Brighton et al., 2013; Brander and Scott, 2016). Rip currents are strong and
39 concentrated flows of water moving away from the shoreline that are driven by alongshore
40 variability in wave breaking and energy dissipation (Castelle et al., 2016). They are complex and
41 variable features that are manifest as diverse types, which can be both persistent and transient in
42 occurrence and location, may occupy deeper channels between shallower sand banks, or lack any
43 morphologic expression at all, and can occur along open stretches of beaches, both oceanic and
44 lacustrine, or against hard structures such as headlands or piers (Castelle et al., 2016).

45

46 Typical rip currents are on the order of 5-50 m wide and extend to the seaward limit of the surf
47 zone, where they may re-circulate, or extend past the surf zone variable distances offshore
48 (Castelle et al., 2016). Mean rip current flow speeds over sustained periods (hours) are on the
49 order of 0.3-0.5 ms⁻¹, but rips can experience short-lived pulsations of 2 ms⁻¹ or more
50 (MacMahan et al., 2006) making them a significant hazard to swimmers or waders of all
51 swimming abilities who may find themselves caught in ~~one~~them. Inexperienced surfers and
52 bodyboarders can also be imperiled by rip currents (Attard et al., 2015).

53

54 There has been a significant and recent increase in research relating to both physical and social
55 aspects associated with the rip current hazard (e.g. Hatfield et al., 2012; Brannstrom et al., 2014;
56 McCarroll et al., 2014; Scott et al., 2014; Castelle et al., 2016b; Houser et al., 2017). However,
57 an ongoing challenge in addressing the actual societal and economic impact of the rip current
58 hazard for beach safety practitioners, governments, and scientist alike is obtaining accurate
59 values of the number of rip current related lifeguard rescues and fatal rip current drownings. In
60 terms of the latter, two key factors make it impossible to determine the number of deaths caused
61 by rip currents with complete accuracy.

62

63 First, it is well established that the majority of fatal rip current drownings occur on beaches
64 unpatrolled by lifeguards, or outside of seasonal or daily beach patrol times (Branche and
65 Stewart, 2001; Brander and Scott, 2016; SLSA, 2017). In some of these incidents, there are
66 simply no eyewitness accounts available to help determine the cause of drowning. In others,
67 drowning deaths are observed, but by people lacking necessary awareness and understanding to
68 correctly attribute the role (if any) of a rip current in a drowning.

69
70 Second, in many countries there are no national requirements for reporting the causal factors
71 (such as rip currents) in coastal drowning deaths. Even in countries that do, such as Australia
72 (Brighton et al., 2013) and Costa Rica (Arozarena et al., 2015), the documented number of rip
73 current fatalities is likely underestimated for the reasons previously noted. For example, while
74 Brighton et al. (2013) determined an average of 21 rip current related fatalities on Australian
75 beaches per year, they emphasized that this value was an underestimate as it was based only on
76 confirmed rip current related drowning deaths.

77
78 The United States, with thousands of kilometers of coastline affected by rip currents and
79 hundreds of millions of beachgoers each year, presents a challenge in accurately determining the
80 number of rip current related drownings that occur. There are five distinct coastal regions
81 characterized by different wave climates and physical characteristics, such as geologic setting
82 and beach type: i) the continental Pacific west coast; ii) the Atlantic east coast; iii) the Gulf
83 Coast; iv) the coastlines of the Great Lakes; and v) the Hawaiian Islands. Air and water
84 temperature differences, as well as beach user demographics and beach usage, can also vary
85 greatly ~~between~~among these regions, creating variable ‘swimming seasons’ throughout the
86 country

87
88 The complex forcing mechanisms associated with rip current formation, type and location both
89 within and between these regions not only leads to exposure to the rip current hazard being
90 extremely variable spatially and temporally, but also ~~makes~~make it ~~impossible~~difficult and
91 laborious to provide ~~even~~ a gross estimate of the occurrence and location of rip currents on
92 United States beaches at any given time. Similarly, although some coastal U.S. National Weather
93 Service (NWS) offices receive daily reports on rip current activity from lifeguards to assist in

94 evaluating and disseminating their public rip current hazard advisory (Houser et al., 2017;
95 Moulton et al., 2017), these reports do not typically include the specific type, location, or number
96 of rip currents.

97
98 Perhaps most importantly, as in other countries, the presence of lifeguards on U.S. beaches is
99 temporally and spatially variable. While some beaches have lifeguard beach patrols year-round,
100 and two (Los Angeles County and San Diego) staff lifeguards 24-hours a day, others are staffed
101 seasonally or are completely unstaffed (not patrolled). As such, there are many periods of time
102 and beaches where lifeguards are absent. The breadth of services provided by U.S. lifeguard
103 agencies also varies tremendously. Some are staffed and funded as primary providers of public
104 safety, with a variety of advanced training and equipment, such as oceangoing rescue vessels, 9-
105 1-1 answering points, and advanced medical training. Others provide more basic services with
106 limited technology (USLA, 2017).

107
108 Despite these challenges, several attempts have been made to quantify the number of rip current
109 related fatalities on U.S. beaches. Lushine (1991) combined documented rip current drowning
110 fatalities in Florida, North Carolina and Alabama with various nationwide drowning statistic
111 databases to estimate that 150 rip current related fatalities occur each year nationally. Gensini
112 and Ashley (2010a) used Lexis Nexis, an online archive of newspaper articles sourced from local
113 and national newspapers, combined with the National Climatic Data Center's (NCDC) *Storm*
114 *Data* database (which uses a wide variety of sources from emergency management officials to
115 newspaper clipping services), to conclude that on average 35 people die from rip currents in the
116 U.S. each year. In contrast the United States Lifesaving Association (USLA) ~~have~~has estimated
117 that rip current fatalities in the US can exceed 100 per year. ~~This~~

118
119 The USLA estimate was arrived at internally in 2004 through a two-step process outlined in
120 documentation submitted to the National Weather Service (USLA, 2004) that is provided here as
121 supplementary material-. First, the number of deaths each year at surf beaches was estimated
122 based on several published studies. Second, the USLA theorized that the percentage of rescues
123 from drowning due to rip currents, based on reports by lifeguards at surf beaches (then found to
124 be over 80%), is a proxy for the relative proportion of surf drowning fatalities due to rip currents

125 in the absence of rescue, and applied that percentage to the total number of estimated surf beach
126 deaths (USLA, 2004). The discrepancies among these three estimates bear further evaluation.

127
128 Since 1966, the USLA has been soliciting annual data from beach lifeguard agencies and other
129 water rescue agencies around the country including the number of rescues from drowning, the
130 cause of those rescues, the number of medical aids provided, drowning fatalities, estimated
131 attendance, and many other data points. Lifeguard agencies are managed independently of the
132 USLA, which sets recommended operational guidelines. These agencies are only obligated to
133 report annual statistics to the USLA if they are “certified” (accredited) by the USLA, although
134 they are welcome to report regardless of certification status. The USLA is the only national
135 group collecting this data. Most, though not all, lifeguardwater rescue agencies reporting data to
136 the USLA serve surf beaches where rip currents are present. In 2016, the final year of data
137 included in this study, there were 150 USLA certified agencies nationwide, varying in size from
138 Los Angeles County and California State Parks on the large side (over 700 lifeguards each), to
139 very small agencies with as few as 10 lifeguards. There are many other water rescue agencies
140 (the specific number is unknown) that do not report data to the USLA.

141
142 As noted, one of the data points collected by the USLA is rescues from drowning, including
143 those from rip currents. Those reporting are surf lifeguards trained to identify and rescue people
144 from distress in rip currents. As noted earlier, the USLA, based on an evaluation of the data it
145 collects, has consistently reported over many years that the primary cause of over 80% of rescues
146 from drowning by lifeguards at surf beaches is rip currents and that in some areas this proportion
147 is higher. However, two independent published studies have reviewed USLA data and come to
148 different conclusions from the USLA regarding the percent of rip current caused rescues. Gensini
149 and Ashley (2010b) reviewed the USLA data from 2000 to 2009 and concluded that roughly
150 36.5% of rescues reported to the USLA in those years were due to rip currents. Brighton et al.
151 (2013) reviewed the USLA data from 2005 to 2011 and concluded that 53.7% of the rescues
152 reported to the USLA were due to rip currents. Thus, three sources, reviewing similar data,
153 although during different time periods, have come to widely varying conclusions about what the
154 data collected and reported by the USLA shows (Brewster, 2010; Brewster and Gould, 2014).

155

156 2. Aim of this study

157
158 Rescues from rip currents at beaches where lifeguards are present and report their data can
159 provide insight into the magnitude of the hazard and may be useful as a proxy for the percent of
160 drowning deaths at surf beaches. The primary aim of this study is, therefore, to accurately
161 evaluate and report the percentage of rescues from rip currents by lifeguards reporting to the
162 USLA. ~~We also~~An additional aim is to determine why researchers have come to vastly different
163 conclusions as to what the USLA data shows and comment on the USLA estimate that rip
164 current related drowning fatalities in the U.S exceed 100 per year.

165 166 **2.3. The United States Lifesaving Association (USLA) Dataset**

167
168 The USLA refers to itself as “Americas nonprofit professional association of beach lifeguards
169 and open water rescuers” (USLA, 2018a). The USLA does not directly train or certify beach
170 lifeguards, but rather promulgates training standards and certifies (accredits) lifeguard providers
171 (agencies) that choose to apply and that are found to meet USLA requirements. These lifeguard
172 agencies are typically funded by federal, state, and local governments, as well as a few private
173 entities, some working as contractors to governments.

174
175 Many public and private beach lifeguard agencies in the United States record work output and
176 beach observations in a manner similar to that of police and fire agencies. The resulting data
177 offer measures of the services provided and help guide staffing and budgeting decisions. Each
178 year many lifeguard agencies report this data to the USLA. In the most recent full year of
179 reporting (2016), ~~150~~148 ~~lifeguard~~-agencies reported. These rescue reports vary in magnitude
180 from Los Angeles County, which reported 12,956 rescues from drowning that year, to much
181 smaller agencies that reported as few as one rescue (USLA, 2018b).

182
183 The USLA has suggested a variety of metrics that should be used by beach lifeguard agencies to
184 encourage overall consistency of reporting. These metrics include actual work output, such as
185 rescues from drowning and medical aids performed, drowning deaths, and many other data

186 points. They also include estimates of beach attendance. Annual summaries and the underlying
187 data provided to the USLA are published and made freely available at: www.usla.org/statistics.

188

189 One of the key data points reported to the USLA is the number of rescues from drowning. For
190 purposes of reporting, the USLA defines rescues as, “*Total persons who are judged to be in*
191 *imminent peril and brought to safety by a lifeguard. Usually involves physical contact. Does not*
192 *include people who are given oral instructions to move to a safer location.*” (USLA, 2018b).

193

194 The USLA also encourages agencies to document and report the primary cause of distress that
195 led to the rescue. The primary cause reporting options for rescues include: ‘*surf*’, ‘*rip current*’,
196 ‘*scuba*’, and ‘*swiftwater*’. Agencies may choose none of these if they do not categorize the
197 primary cause of rescue or if none of these categories apply to a given rescue. ‘*Surf*’ refers to
198 rescues in response to people who find themselves in distress due to the action of breaking waves
199 or being out of depth. ‘*Rip current*’ refers to rescues in response to people caught in rip currents.
200 ‘*Scuba*’ refers to rescues involving scuba divers. ‘*Swiftwater*’ refers to people in distress in
201 inland areas due, for example, to river flooding, and are therefore not rip current related.

202

203 Data on rescues is typically tabulated in rescue reports by the lifeguards who effect the rescues.
204 USLA training materials include extensive information on identifying rip currents and rescuing
205 people in peril from rip currents (USLA, 2017). The rescue reports are compiled by the agencies
206 and subsequently reported annually, via an online reporting system, to the USLA. Prior to the
207 initiation of an online reporting system, reports were submitted manually via mail or email. The
208 transition to electronic reporting occurred gradually, beginning in the late 1990s.

209

210 One of the challenges for reviewers of data reported to the USLA is that reporting lifeguard
211 agencies are under no obligation to tabulate or report the primary cause of distress that led to the
212 rescue. For example, in a given year one agency might report 50 rescues broken down by
213 primary cause, but another agency may simply only report 50 rescues (no primary cause). If the
214 total number of reported rescues for the year is compared to the total number in which rip
215 currents were identified as the primary cause, without factoring out those agencies that failed to

216 report a primary cause, then the actual proportion of rescues related to rip currents (or other
217 primary causes) is diluted.

218
219 A second challenge for reviewers of USLA data is that some reporting agencies are solely
220 responsible for inland areas, such as reservoirs and rivers, where surf and rip currents are not
221 present (the Great Lakes, where rip currents ~~are present~~can occur, are an exception.)

222 Nevertheless, these agencies' total rescue numbers are included in the total number of rescues in
223 any given year. For reasons similar to primary cause reporting, if the total number of reported
224 rescues for a given year is compared to the total number in which rip currents were identified as
225 the primary cause, without factoring out those agencies that serve beaches without rip currents,
226 then the proportion of rescues related to rip currents is further diluted.

227
228 A third challenge for reviewers of the USLA data is that some agencies oversee both surf and
229 inland areas, but report totals of all rescues at both venues (and the underlying causes). One
230 example is the city of San Diego, which reports thousands of rescues each year including some
231 (albeit a small number) that occur in Mission Bay, which is a low energy estuarine environment
232 with no surf conditions or rip currents. Similarly, California State Parks oversees lifeguards at
233 both surf beaches and inland lakes (including reservoirs), including them all in a total number of
234 rescues (and underlying causes).

235
236 In determining the percent of rescues attributable to rip currents at surf beaches, it is necessary to
237 exclude rescue reports from agencies that do not identify the primary cause of the rescue and to
238 exclude, to the greatest extent possible, rescue reports from inland areas where rip currents are
239 not present. If these steps are not taken in data evaluation, the percent of rip current caused
240 rescues will be misrepresented. Avoiding this misrepresentation requires both an in-depth review
241 of the data and knowledge of which reporting agencies serve only inland areas. Even then, for
242 the hybrid agencies that cover both inland and surf, it is not possible to exclude the inland rescue
243 data, because it is not separately reported. A goal of this study is to attempt to eliminate factors
244 in the USLA rescue dataset that artificially under-represent the impact of rip currents on rescues
245 and drowning.

246

247 **34. Methodology**

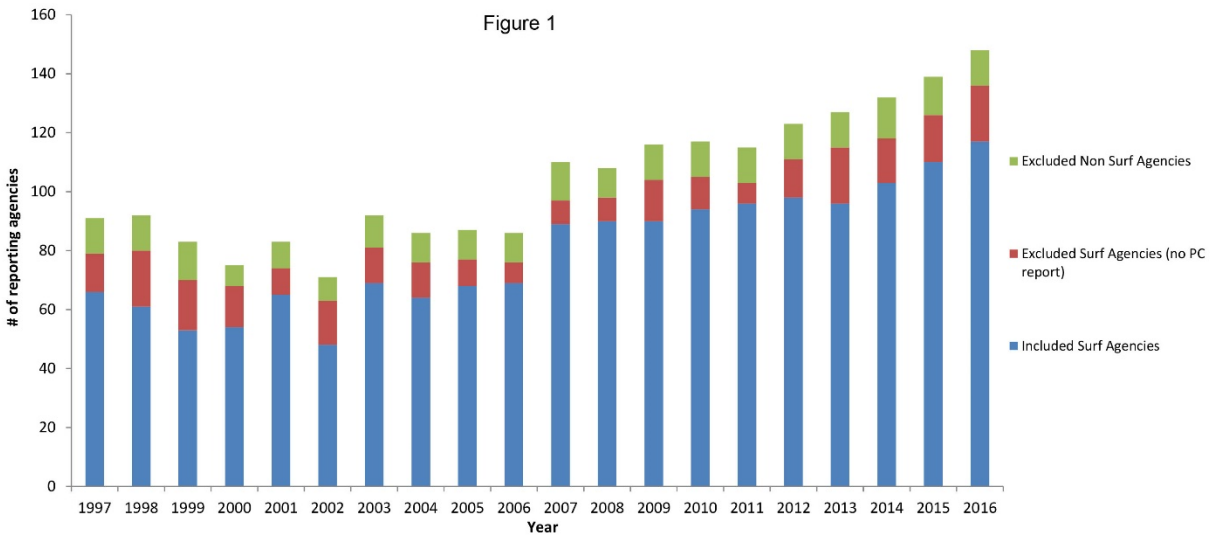
248
249 Analysis of USLA rescue data was restricted to the most recent 20 years of compiled data from
250 1997 to 2016. Data was first checked and corrected for any errors and anomalies. For example,
251 there were several isolated examples where data from one agency appeared twice in a given year,
252 and in a few other cases, the total addition of yearly rescues was found to be mathematically
253 incorrect. These turned out to be minor and did not affect the overall data outputs significantly.
254 As a typical example, a double reporting of data by an agency in 2002 increased the total number
255 of rescues by 10, but this was only 0.021% of the total number of rescues in the year.

256
257 The dataset was then culled using objective decision rules. Specifically, as the purpose was to
258 examine rip current rescues on surf beaches, rescue data from any agency overseeing a body of
259 water that did not include surf beaches was removed. ~~While the Great Lakes beaches were~~
260 ~~left represent one of the five coastal regions in the dataset because they U.S. and are large~~
261 ~~enough subject to physical forcing mechanisms that can generate surf and rip currents under~~
262 ~~certain meteorological conditions, although reporting, they were not included in further analysis~~
263 ~~since, with one minor exception, rescue data from the Great Lakes, which included the city of~~
264 ~~Chicago in early periods does not include primary cause of the dataset, is presently minimal.~~
265 rescue.

266
267 ~~Any agency~~ Lifeguard agencies in other coastal regions that did not report a primary cause of
268 rescues ~~was were~~ also removed. This, unfortunately, resulted in removal of the entire dataset of
269 Los Angeles County, which normally reports the largest number of rescues of any beach agency.
270 It was found that in a typical year this is more than 15% of all rescues reported to the USLA.
271 However, a random sampling of agencies reporting in Orange County (to the immediate south of
272 Los Angeles County) found rip currents to be the primary cause in 83% of rescues from
273 drowning. This is comparable to all West Coast agencies, so it appears likely that if Los Angeles
274 County were to report, it would report similar values.

275
276 Figure 1 shows the total number of agencies reporting for each year and the excluded agencies
277 (those with no primary cause being reported or non-surf beach agencies). Agencies with both

278 surf and non-surf beaches were included if they reported a primary cause, despite the inevitable,
 279 unknown degree of overall dilution of rip currents as a primary cause. Any reports of rescues due
 280 to the cause ‘swiftwater rescue’ were removed from consideration since, by definition, they do
 281 not occur at surf beaches. In general, the number of included surf agencies that report primary
 282 cause has increased over time, while the number of excluded agencies has remained relatively
 283 constant (Figure 1).



284
 285 **Figure 1.** The number of lifeguard agencies reporting to the United States Lifesaving
 286 Association [statistic\(USLA\) statistics](#) database between 1997-2016. Included surf agencies
 287 report primary cause of rescues (PC).

288
 289 Where ‘scuba’ was listed as a primary cause, the rescues were included, as these rescues can and
 290 do take place in surf environments. In these cases, as in others, the primary cause is up to the
 291 determination of the reporting rescuer. That is, for example, a scuba diver may be rescued due to
 292 complications from scuba diving, or from being caught in a rip current, or both. The primary
 293 cause is what is to be reported and what we rely on here.

294
 295 **4. Results and ~~Diseussion~~discussion**

296
 297 Primary causes of surf beach rescues conducted for the period 1997-2016 for all included
 298 reporting agencies in the U.S. were geographically separated into East, West, and Gulf coasts, as
 299 well as the Hawaiian Islands (Table 1). ~~The~~[As described previously, the](#) Great Lakes were not

300 included because, with one minor exception, no agency from the Great Lakes reported a primary
 301 cause. In general, the percent of rescues caused by distress due to rip currents ranged from 75.3%
 302 (East Coast) to 84.7% (West Coast) with a long-term average across all regions of 81.9% (Table
 303 1).

304
 305 Figure 2a shows the gross reporting of the primary cause of rescues for included agencies during
 306 the period 1997-2016 and while the number of rescues for all primary causes clearly fluctuates
 307 temporally, as evident in Figure 2b this is largely due to the increase in reporting lifeguard
 308 agencies over this time. As is also evident in Figure 2b, the percentage of total rip current
 309 rescues as the primary cause of all rescues nationally varies annually from 75.7% (2005) to
 310 85.1% (1999) with no clear temporal trend apparent. There are many factors involved that can
 311 impact the number of rip current rescues that occur in a given year including weather conditions,
 312 surf conditions, number of rip currents present, and beach visitation numbers. However, overall,
 313 even if the rip rescue data is normalized by the number of reporting lifeguard agencies, the
 314 number of surf rescues attributable to rip currents does not vary greatly over time.

315

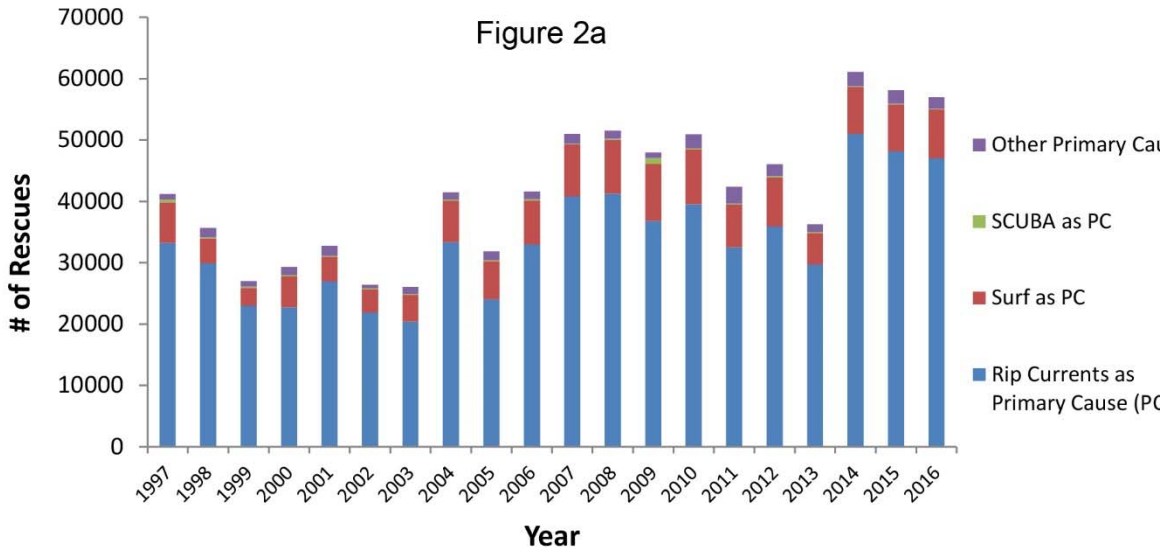
Table 1

316 Table 1: Primary causes of rescues on surf beaches reported to the USLA statistic database
 317 1997-2016 by coastal region in the U.S. The percent of rescues by primary cause are indicated in
 318 parentheses. The Great Lakes are not included as, with one minor exception, rescue data from
 319 the Great Lakes does not include primary cause of rescue.

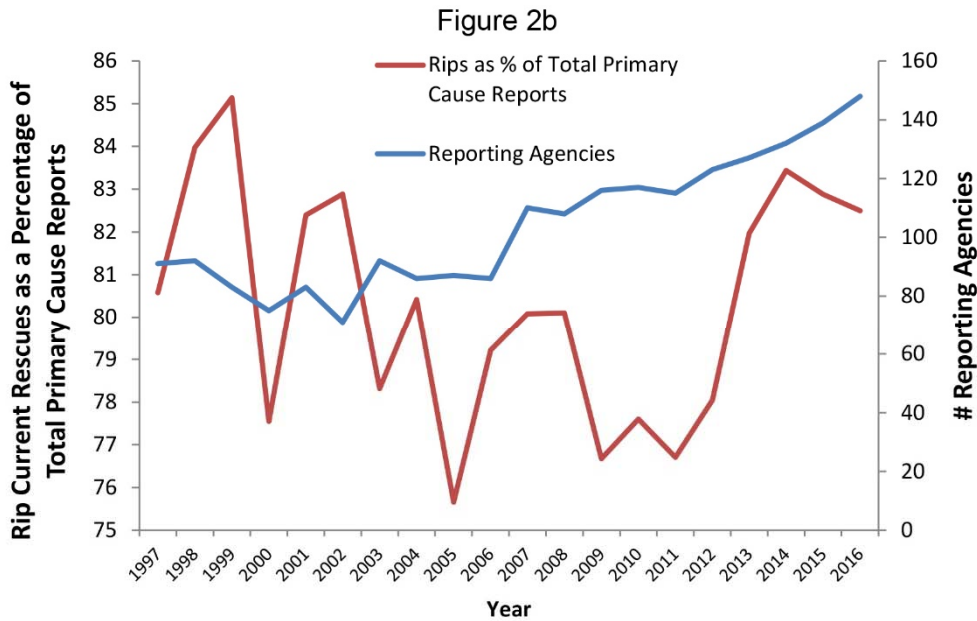
320

Region/Rescues	All	Rip Current	Surf	Scuba	Other
East Coast	233,167	175,572 (75.3)	50,135 (21.5)	227 (0.1)	7,233 (3.1)
West Coast	608,041	514,935 (84.7)	65,349 (10.7)	4,288 (0.7)	23,469 (3.9)
Gulf Coast	15,154	11,876 (78.4)	3,157 (20.8)	16 (0.1)	105 (0.7)
Hawaiian Islands	47,191	37,632 (79.7)	7,262 (15.5)	150 (0.3)	2,147 (4.5)
TOTAL	903,553	740,015 (81.9)	125,903 (13.9)	4,681 (0.5)	322,954 (3.6)

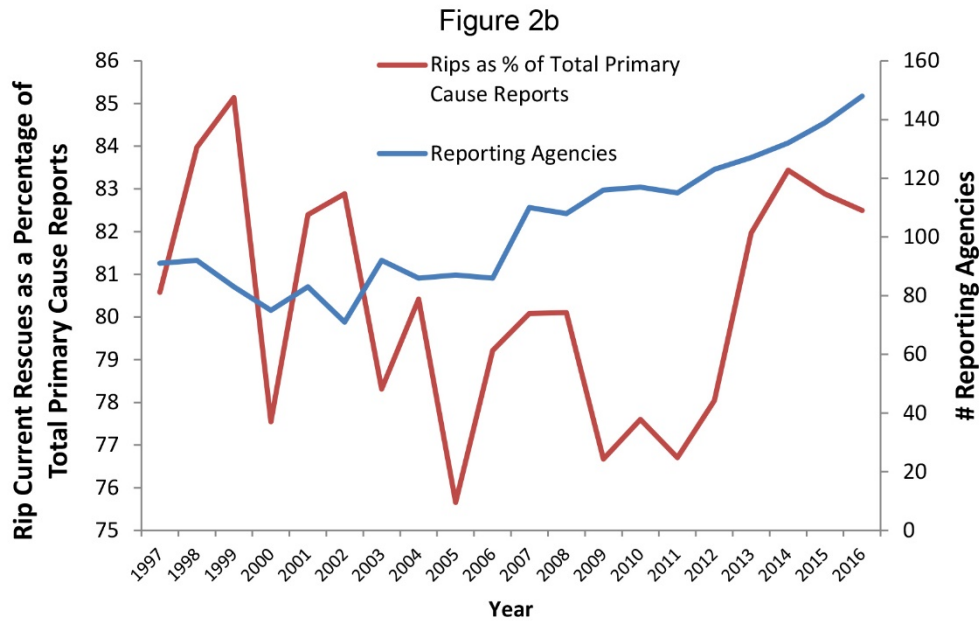
321 ~~Table 1: Primary causes of rescues on surf beaches reported to the USLA~~
 322 ~~statistic database 1997-2016 by coastal region in the U.S. The percent of rescues~~
 323 ~~by primary cause are indicated in parentheses. The Great Lakes are not included~~
 324 ~~as no lifeguard agency in that region reports primary cause.~~



325



326 **Figure 2.** a) Total rescues reported to the USLA by primary cause over the period
 327 1997-2016.



328 [Figure 2](#); b) Percentage of rip current rescues as primary cause and the number of lifeguard
 329 reporting agencies to the USLA over the period 1997-2016.

330

331 **4.1 Under-estimating Underestimating rip current rescues**

332 Brighton et al (2013) reviewed a smaller cohort of USLA data (2005 – 2011) and determined that
 333 only 53.7% of rescues were related to rip currents, which is significantly lower to the estimates
 334 derived here. The difference can be attributed to Brighton et al. (2013) using gross rescue totals
 335 in the USLA data, without excluding agencies that did not report a primary cause, agencies at
 336 beaches without surf, and swiftwater rescues. Examining the same data in this way yields a result
 337 of 54.9%, which is very close to the value reported by Brighton et al. (2013) and suggests that
 338 their estimate significantly underestimates the percent of rescues attributable to rip currents in
 339 the U.S.

340

341 Another aspect of the data reporting by Brighton et al. (2013) reveals some of the challenges
 342 involved in the reporting of rip current rescues in general. In reviewing Australian lifeguard and
 343 lifesaver rescue data provided by Surf Life Saving Australia (SLSA), Brighton et al. (2013)
 344 found that just 57.4% were attributable to rip currents. While they removed rescue reports
 345 “known to be in areas unaffected by rips” (as done in our study), they were only able to report on
 346 data relating to “major rescues”, which are cases where “treatment is required” post-rescue and

347 only make up 1.4% of all rescues reported by SLSA. The reason for this is that these were the
348 only incidents in the dataset where a primary cause of rescue was ~~reported~~sometimes reported
349 (there was no requirement to include this information, so it was presumably unmentioned in
350 some reports). Thus, they represent unusual and extreme cases and likely also greatly
351 underestimate the actual percentage of rescues on Australian surf beaches caused by rip currents.
352 Of note, the U.S. data from agencies reporting a primary cause includes 100% of rescues,
353 whether major or routine.

354
355 Other discrepancies involving the USLA dataset set are presented in Gensini and Ashley (2010b)
356 who reviewed USLA data for the years (2000 – 2009) and suggested that only 36.5% of rescues
357 on U.S. beaches were attributed to rip currents, which is less than half of the 75-84% range
358 reported here. We reviewed the data published on ~~our~~the United States Lifesaving Association
359 website for these same years. Even when using gross data, without excluding data from agencies
360 that did not report a primary cause and agencies from areas serving areas without surf, we found
361 that 53% would appear to be attributable to rip currents, which is similar to the value reported by
362 Brighton et al. (2013) for overlapping years. We then reviewed all of the years of USLA data for
363 our study period without correcting for agencies that did not report a primary cause of the rescue
364 and agencies at beaches without surf. The percent of rescues related to rip currents was found to
365 be 49%. This is quite similar to the conclusions of Brighton et al, but significantly higher than
366 that of Gensini and Ashley (2010b) and it remains uncertain how their value of 36.5% was
367 attained.

368 369 **4.2 Rip current rescues and fatalities**

370 As described in the Introduction, some discrepancy also exists regarding estimates of annual
371 average rip current related drowning fatalities in the U.S., with reported values ranging from 35
372 (Gensini and Ashley, 2009) to more than 100 (USLA, 2004) ~~to~~and as high as 150 (Lushine,
373 1991). It is important to note -that all of these values are estimates as there is no comprehensive
374 U.S. national database for surf beach drowning fatalities, The closest attempt at this is by the
375 U.S. National Weather Service (NWS) which is also posts reports of U.S. surf zone fatalities at:
376 <https://www.weather.gov/safety/ripcurrent-fatalities>¹⁷ and includes an annual average number of
377 reported rip current related drowning fatalities between 2013-2017 of 62 per year.

378
379 According to the NWS (personal communication with John Kuhn, August 6, 2018) the primary
380 source of this data are media reports with some input from emergency management and water
381 rescue officials. Of note, the website states “Accurately tracking these types of fatalities is
382 difficult because so many go unreported and undocumented.” As an example of this difficulty, in
383 2016 the NWS reported a total of 108 surf zone fatalities, but in that same year surf rescue
384 agencies reported 145 drowning fatalities within their jurisdictions to the USLA. This is a global
385 problem due to the overall lack of accurate and consistent incident reporting. It was.

386
387 As noted earlier that, the USLA has theorized the percent of rescues from drowning in rip
388 currents as a proxy for the percentage of drowning deaths at surf beaches in the absence of
389 rescue. To examine this approach in more detail, we chose to review the most recent five-year
390 period (2012 – 2016) of drowning fatality reports from surf rescue agencies reporting to the
391 USLA, since during this period the number of reporting agencies is the highest historically,
392 ranging from 111 in 2012 to 136 in 2016 (Figure 1). Of note, these agencies report drowning
393 fatalities in both guarded areas (those under active lifeguard surveillance at the time of the
394 drowning death) and unguarded areas (those within the jurisdiction of the agency, but not under
395 lifeguard surveillance at the time of the death) and during this period an average of 109.6
396 drowning deaths per year were reported.

397
398 To examine the approach of relying solely on USLA data for rip current drowning estimates, we
399 reviewed the most recent full calendar year of fatal drowning reports from surf beach lifeguard
400 agencies to the USLA (2016). There were 128 surf beach lifeguard agencies that reported a total
401 of 77 drowning deaths in unguarded areas within their jurisdictions (areas where and when
402 lifeguards were not present) and 22 drowning deaths in guarded areas (areas with lifeguards on
403 duty) for a total of 99 drowning deaths in calendar year 2016. If we apply the long-term national
404 average of 81.9% of rip current related rescues (Table 1) to that value the actual reports of
405 drowning deaths (109.6 per year) from surf rescue agencies, it can be hypothesized that 81.89.8
406 deaths per year were likely due to rip currents in the jurisdictions of the reporting lifeguard
407 agencies. Importantly, the number of reporting lifeguard agencies come nowhere near covering
408 the breadth of all the surf beaches in the U.S. and many are staffed (and report) only in summer

409 months. Using the assumption that rip current related rescues are a proxy for rip related
410 drowning fatalities, the USLA agencies. This value is both higher than the estimate of 62 per
411 year from the NWS and close to the previous estimate of 'more than 100 per year seems well-
412 justified, if not an under-estimate. 100' by the USLA (2004).

413
414 The authors note that the U.S. National Weather Service recently began posting reports of U.S.
415 "surf zone fatalities" at: <https://www.weather.gov/safety/ripcurrent-fatalities17>. The sources of
416 the data are not identified on the NWS website, so we cannot comment on the reliability of the
417 data. The website states, "Accurately tracking these types of fatalities is difficult because so
418 many go unreported and undocumented." The data includes an annual average number of rip
419 current related drowning fatalities between 2013-2017 of 62 fatalities per year. This would again
420 suggest that the actual number is closer to the USLA estimate.

421 The authors estimate that less than 5% of the U.S. coastline lies within the jurisdiction of surf
422 rescue agencies which report to the USLA. While these agencies tend to oversee highly attended
423 beach areas (e.g. Southern California, Florida, and Hawaii), many drowning deaths outside these
424 areas are reported each year. Thus, relying only on drowning fatality reports from these agencies
425 will understate the number of surf drowning deaths by an unknown, but potentially significant
426 number.

427 428 **4.3 Limitations and value of the USLA dataset**

429 There are clear limitations in the USLA data, some of which have been described here
430 previously. Not all surf beach lifeguard agencies in the U.S. report rescue data to the USLA and
431 some that do report do not report a primary cause. As well, the dataset is limited in that it cannot
432 be demonstrated to represent a proportional exposure, on a per visitor basis, to rip currents on all
433 beaches of the US. We therefore agree with Brighton et al. (2013) that the collection of drowning
434 data using consistent categories and the routine collection of rip current information will allow
435 for more accurate global comparisons. If beach lifeguard agencies worldwide used consistent
436 reporting data points and reported on the primary cause, including rip currents, for all rescues,
437 beach safety practitioners would be better able to determine the impact of the rip current hazard
438 globally and develop public awareness and education strategies accordingly (Houser et al.,
439 2017). This is certainly true of the surf beach reporting situation in the United States.

440

441 The value of the USLA data is that it is the largest single repository in the world of data related
442 to causation of distress at surf beaches. For example, an average of 80,002 rescues from
443 drowning per year were reported to the USLA over the five-year period 2012 -2016, for a total of
444 415,014 rescues, most with a primary cause denoted. While the USLA has shared this data
445 publicly, this study has shown that without a full understanding of the individual, underlying data
446 sources, researchers may have difficulty making necessary and accurate conclusions. In response
447 to values reported in previous studies, it is hoped that this study now provides a more clear
448 representation of the USLA dataset in regards to the rip current hazard.

449

450 **56. Conclusions and recommendations**

451

452 An examination of rescue data reported by surf lifeguards in the United States to the United
453 States Lifesaving Association has shown that rip currents are the primary cause of between 75.3-
454 84.7% of all surf rescues on regional American beaches, with a 20-year average of 81.9%, a
455 significantly higher estimate than previously reported in the scientific literature. Using the
456 percentage of rip current ~~caused~~ rescues as a proxy to estimate the number of annual drowning
457 deaths attributable to rip currents in the U.S. suggests ~~that a value of 90 solely within the limited~~
458 jurisdictions of surf rescue agencies reporting to the USLA. Thus, an annual figure of over 100
459 nationwide is not unreasonable, ~~particularly as it is based on actual reports of beach lifeguard~~
460 agencies. ~~Regardless of the limitations,~~

461

462 Considering the number of ~~this approach, it is clear~~ U.S. lifeguard agencies that fail to report a
463 primary cause of rescue, it is recommended that the United States ~~is in need of an improved and~~
464 consistent approach amongst all Lifesaving Association communicate with these lifeguard
465 agencies to ~~report~~ endeavor to increase the level of reporting of surf related rescues by primary
466 cause. It ~~would also be desirable for a range of consistent and comprehensive data, involving~~
467 both physical environmental and beach conditions as well as demographic beachgoer
468 characteristics, to be reported by lifeguards. However, it is well established that data collection
469 for beach lifeguards is difficult (Williamson et al., 2006; Harada et al., 2011; Morgan et al, 2013)
470 for a variety of logistical and personal factors, and the fundamental challenge in balancing the

471 tasks of providing water safety vigilance, rescue capability, and data collection, the former of
472 which should not be compromised.

473
474 Nevertheless, it is vital to ~~develop~~continue to work towards developing increasingly accurate
475 estimates of both rip current related rescues and drowning deaths so that local governments,
476 public policymakers, tourism authorities, public health professionals, and funders of mitigation
477 measures understand that rip currents are by far the greatest health hazard related to those
478 entering the water at surf beaches. Through this awareness, appropriate resources such as the
479 provision of additional lifeguard services and development of public education programs can be
480 justified and implemented to assist in drowning prevention.

481
482 *Data availability.* This work relied entirely on data published in a publicly available database by
483 the United States Lifesaving Association on its website at: www.usla.org.

484
485 *Competing interests.* B. Chris Brewster is a long-time volunteer official with the United States
486 Lifesaving Association in various unpaid positions. Rick Gould is a long-time volunteer official
487 with the United States Lifesaving Association, primarily overseeing the gathering and
488 publication of the statistics referenced herein. Rob Brander declares that he has no conflict of
489 interest.

490

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