Surprise floods: the role of our imagination in preparing for disasters

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Abstract. What’s the worst that could happen? After a flood has devastated communities, those affected, the news media, and the authorities often say that what happened was beyond our imagination. Imagination encompasses the picturing of a situation in our minds linked with the emotions that we connect to this situation. However, the role imagination actually plays in disasters remains unclear. In this regard, we analysed the responses of a survey that was disseminated in the 2021-flood-affected areas of Germany. Some respondents perceived that due to their lack of imagination regarding the flood, they did not take adequate action in advance. Limited or a lack of imagination could be linked to never having experienced a flood before, difficulties in interpreting forecasts and warnings, the perceived distance to waterbodies, and cognitive biases. Overall, the responses indicated the influence of imagination on risk perception. Based on these results, we recommend that future research should investigate the extent to which visual support can help forecast and warning communication to trigger the imagination of citizens in the short-term. From a long-term perspective, research should focus on how to cultivate imagination over time through participatory risk management, developing climate storylines, citizen weather observations, and the like.

1 Introduction

Devastating floods around the world are often reported as being “beyond our imagination” (The News International, 2022; United Nations, 2023; Dhakal, 2023; ClimateChangePost, 2021). In science communication and storytelling studies, this expression of something being beyond imagination is primarily used to highlight disasters for which the scale and the impacts are unknown, unexpected, or a complete surprise (Kundzewicz et al., 1999; Hollnagel and Fujita, 2013; Merz et al., 2015; de Bruijn et al., 2022; Cologna et al., 2017).

Despite the common use of the term imagination and the vast amount of literature in disciplines such as psychology, philosophy, and arts, the concept of imagination is not explored in depth in disaster research. However, our imagination (and its limits) plays an important part in preparing for uncertain futures through picturing threats and hence, perceiving risks, as well as through the imagination of possible adaptations or disaster-preparedness actions (Heino et al., 2022; Coulter, 2018; Ponce de Leon, 2020; Coeckelbergh, 2008). Imagination usually refers to our ability to visualise a situation in our mind (Finn et al., 2023). Besides picturing a situation and possible actions, imagination is closely linked to our senses and how we might feel in this situation while taking these actions (Nanay, 2016). This ability to travel through time, picture, and test various scenarios strengthens us in anticipating and planning our future (Taylor, 2011).

We are living in a world where the future can turn into uncountable possible scenarios, and this makes us feel uncertain about our actual futures (Yusoff and Gabrys, 2011). Forecasts and warnings of severe weather aim to support us in grasping likely future scenarios, and there is an assumption that imagining these scenarios will make us take preparative actions. However, even if forecasts and warnings are received by citizens (and sometimes they are not), they may not trigger the imagination of the impacts of the severe weather, and this...
means that people may not prepare for them. An example of this are the floods in Germany in July 2021, when devastating deadly floods occurred in western Europe due to stagnating low pressure causing heavy rainfall of up to 180 mm in 72 h (Junghänel et al., 2021; Kreienkamp et al., 2021). The intense precipitation and resulting flooding were both forecasted in advance for Germany at the national as well as at the European level (Thieken et al., 2023). However, the flooding took thousands of people by surprise because many of them, foremost, did not receive any warnings or, perhaps more importantly, did not take the forecast or warning seriously or could not understand or imagine the consequences of the forecasted flooding (Cloke, 2022; Fekete and Sandholz, 2021).

Es war klar, dass viel Regen kommt. Mir fehlte die Vorstellungskraft, was das bedeutet [It was clear that a lot of rain was coming. I lacked the imagination of what that means]. (Bad Neuenahr-Ahrweiler)

If forecasts and warnings are not always effective and do not always steer people to be able to imagine and prepare for serious floods (de Bruijn et al., 2022; Thieken et al., 2023), then we need to understand why. To address this research gap, this study aims to explore the role imagination plays in preparing for floods based on the responses of a semi-structured online survey disseminated in areas affected by the 2021 flooding in Germany. As risk perception (the individual understanding and belief about a risk) is a well-known phenomenon influencing disaster preparedness (Bubeck et al., 2012), this study seeks to gain firstly a better understanding of the connection between imagination and risk perception. Secondly, it aims to identify what limits the imagination of a hazard and how this affects the preparedness of citizens and thirdly, distil possibilities for improving the communication of risk and severe-weather forecasts and warnings to trigger and cultivate imagination in the future.

First, we frame the concept of imagination in Sect. 2. Then, we present the case study, the online survey, and its analysis in Sect. 3 and the results in Sect. 4. The main outcomes of the study are concluded in Sect. 5.

2 Imagination

What is imagination? In the context of this study, it can be described as the ability to depict a particular situation in your mind and your actions linked to that situation (Nanay, 2016). An example is depicting river floodwater rushing into your basement and consequently evacuating yourself and your family to safety upstairs. Imagination also encompasses the emotions that this depiction of a flood might raise in us (Nanay, 2016), like worries about the valuable things being flooded in your basement or the fear of not knowing how high the water will rise and whether you and your family will be safe on the second floor. You yourself might have just been imagining this flood as you read this paragraph.

Creating these kinds of images in our mind is a cognitive ability and process that we commonly apply and refer to as imagination (Finn et al., 2023). We use our imagination in our daily lives, especially in decision making. We tend to select the options that have a positive outcome, that are not costly, that are within our (perceived) abilities, and that might even have additional benefits for us (Sunderrajan and Albarracín, 2021; Wang et al., 2021; Kuhlricke et al., 2020; Heidenreich et al., 2020). This method of decision making exemplifies more-controlled or rational behaviour compared to a decision made in panic (Sunderrajan and Albarracín, 2021).

We draw on imagination voluntarily to try to depict how an episode of the future might look (de Vito and Della Sala, 2011). You may not imagine several days of flooding and everything that might happen during those days but rather a moment such as sitting on your roof, crying, and waiting for help. However, imagining exactly this episode might be building on previous experiences that pop up as mental imagery in your mind (Nanay, 2021). Our imagination may draw on previous flooding experiences (if there are any) but is not confined to them (Finn et al., 2023). Thus, mental imagery can support us in creating images of potential futures in our mind (Cavedon-Taylor, 2021).

2.1 What shapes our imagination?

The way we imagine is not only shaped by our ability to imagine but also by external and internal influences. Commonly, we develop our ability to imagine from early childhood (Taylor, 2011). While every person may have different abilities, extreme forms of imagination exist, and some people have a very vivid imagination, which is known as hyperphantasia, while others may not have any imagination at all (aphantasia; Palermo et al., 2022).

External influences can shape our imagination, which have been increasingly explored in research on “imaginaries”. For instance, geographical imaginaries explain that our imagination is shaped by spatial aspects, i.e. how we think and feel about a place (Walshe et al., 2023). This concept can be further extended to controversial discussions around the influence of the proximity to a risk area on risk perception (O’Neill et al., 2016; Ali et al., 2022; Rana et al., 2020). For instance, do people living next to a river have a higher risk perception than people living far away from it?

Our imagination can be directed by personal factors. For instance, for some people, the trauma caused by past flood experiences can restrict their ability to picture the future in their minds (Gotlib, 2021). While for other people, the experience of previous floods can cause future threats to repeatedly reappear in their imaginations, resulting in hypervigilance (Mehring et al., 2023). Imagination as a cognitive ability can also be hampered by wishful thinking, the attribution of reality to what one wishes to be true, even though...
it is not likely: for instance, when we think nothing bad will happen to us because floods are not things that are likely to happen, and everything will be alright. Imagination can also be restricted by the availability bias: for example, when we draw on our recent flood experiences and assume all future floods will be exactly like those (Merz et al., 2015). In reality, different floods can be very different experiences indeed. We usually overestimate the risk of potential future flooding if we have experience of previous floods, while we underestimate the risk if we have no experience (Fischhoff et al., 1982; Nanay, 2016).

2.2 Imagination and risk perception

Imagination is rarely discussed directly in disaster research. However, risk perception is a closely linked concept, which refers to our belief about the potential risk from a flood (de Guttrey and Ratter, 2022; Bulley and Schacter, 2021). At first glance, imagination and risk perception may seem interchangeable, but in fact, imagination plays a part in our (flood) risk perception (Bulley and Schacter, 2021). It is acknowledged that risk perception is primarily influenced by reality and our factual knowledge, such as locations of areas of flood risk, while imagination takes risk perception much further by adding the mental picturing of a flood and the emotional component (the feelings that may be triggered by this mental picturing; Karlsson et al., 2023; Sobkow et al., 2016).

Risk perception may be lower if the imaginative part is not triggered: for instance, if listening to or watching weather forecasts does not result in a mental depiction of the hazardous impacts. Although some weather forecasts and warnings now explicitly try to communicate impact (Potter et al., 2018; Speight et al., 2021), this is far from universal and most weather forecasts and warnings around the world still present information in a meteorological-fact-driven way: for example, 40 mm of rain in an hour or a rise in the river of 1 m in 1 d (WMO, 2015). This is despite the WMO calling for the global implementation of impact-based forecasting and warning (WMO, 2015). The difficulties in translating what might seem like an arbitrary amount of rainfall into a mental picture (and potential emotions) may lead us to perceive a lower risk. As we have seen, this translation could be affected by a lack of knowledge or experience but also by cognitive biases or obstacles such as trauma. However, in some cases, past flooding experiences can benefit both sides of risk perception – the factual and the imaginative – through knowledge gained and mental imagery, respectively.

Risk perception is a prominent factor used to explain individual actions and motivations for preparing for flooding (Felletti and Paglieri, 2019; Bubeck et al., 2013). Although risk perception is not the sole factor prompting preparedness actions (Lindell and Perry, 2012; Bubeck et al., 2012), it can lead to inaction if flood risk is perceived to be low (Kox et al., 2015). Nonetheless, even if we perceive that there is a risk of a severe flood, it does not automatically trigger us to act (Kuhllicke et al., 2020; Bubeck et al., 2012). For instance, we might perceive the flooding to be so severe that we believe our abilities are not enough to take any or sufficient action; i.e. action is pointless because the outcome will be the same – disastrous.

2.3 Triggering and cultivating imagination

Considering that our imagination can influence our flood preparedness behaviour, how exactly might this occur? Using photos of previous floods is known to be one effective strategy for communicating warnings, especially if these photos are from areas near where the people receiving the warnings are located (Kuller et al., 2021). As we have seen, impact-based forecasting aims to depict the potential impact of an approaching flood, and the implementation of such an approach was strongly recommended after the 2021 floods in Germany (Apel et al., 2022). Seeing the potential extent of the floods, the impact on maps, or similar methods of visualisation may help us in creating mental images of potential flooding and may increase the uptake of disaster preparedness actions. This digital visual support is further explored with tools such as virtual and augmented reality or digital twins (Bakhtiar et al., 2024; Mol et al., 2022; Skinner, 2020).

As we have seen, imagination is known to develop over time throughout our childhood and daily life; therefore, it is more commonly researched from a long-term perspective (Dobraszczyk, 2017; Finn et al., 2023; Taylor, 2011; Higueras and Molina Villaverde, 2022). In particular, disaster imagination can be cultivated through future visioning workshops (Nalau and Cobb, 2022), perhaps linked to risk communication approaches (Balog-Way et al., 2020; Kellens et al., 2013). In addition, longer-term interactions with people and drawing on approaches from the arts such as storytelling, narratives, or simulations can be used for risk communication, understanding problems (i.e. flood risk areas), and identifying solutions for them (Fleming et al., 2016; Lloyd Williams et al., 2017; Bø and Wolff, 2020). An example of this is the adoption of storytelling in the climate storyline approach, which builds on the unfolding of previous disasters or potential futures (Shepherd et al., 2018). Moreover, combining the arts and humanities to create multi- and trans-media tools for, i.e. reviving historic events and people’s memory of these or enhancing intergenerational hazard knowledge sharing can foster an emotional response and mental picturing (Sevilla et al., 2023).

Throughout this section, we conceptualise imagination as the ability to create mental pictures of situations and potential actions while also attempting to feel what we would feel if the situation were reality. Our imagination can be supported by past experiences visually stored in our memory, but it can also be influenced by different factors. This section has highlighted the close relationship between imagination and our risk perception and the question of whether imagination can be triggered by receiving weather forecasts and warnings to
increase preparedness motivation. The triggering of imagination could also be done with visualisations such as photos or videos and can also be cultivated over time, for instance, through storytelling approaches.

3 Methods

3.1 Case study: July 2021 flooding in Germany

In July 2021, severe rainfall stagnated over western Europe (Germany, Belgium, the Netherlands, France, and Luxembourg) for several days. This followed a longer wet episode in the summer. In Germany, the two states of Rhineland Palatinate (RP) and North Rhine-Westphalia (NRW) were primarily affected, with up to 182 mm of rainfall recorded in 72 h (Junghänel et al., 2021). Due to the saturated soil, the water could barely infiltrate the ground (Kreienkamp et al., 2021). Especially in hilly regions, surface runoff led to flooding, landslides, and other hazards (Lemnitzer et al., 2021; Dietze et al., 2022; Ibebuchi, 2022). Different types of flooding occurred throughout the states: flash flooding in smaller hilly catchments, fluvial flooding of rivers and streams, and pluvial flooding partly forming gullies and new streams (Dietze et al., 2022; Thieken et al., 2023).

The event turned into a devastating disaster. In total, it was estimated that 162 km² was flooded, of which 35.6% was in built-up areas (He et al., 2022). The (flash) flooding took many people by surprise; more than 180 people lost their lives and more than 760 were injured throughout RP and NRW (Lehmkuhl et al., 2022; Thieken et al., 2023).

The communication of forecasts and the dissemination of warnings was one major issue leading to the high impact of the disaster. The heavy rainfall and likely flooding extent were forecasted in advance through the European Flood Awareness System (EFAS) and German Weather Service (Deutscher Wetterdienst; Thieken et al., 2023). However, the trickling down of the information from the forecasts to those who needed it on the ground encountered many obstacles: power outages and a lack of emergency sirens (Kuehne et al., 2021); missing information, missing behaviour recommendations, and misinformation (Fekete and Sandholz, 2021); or underestimation of the severity of the flooding by authorities and the public (Thieken et al., 2023).

3.2 Online survey

To gain a better understanding of the perspective of citizens affected by the floods, an online survey was designed. The online survey allowed collection of responses over a large area. The survey was primarily designed for flood-affected citizens 18 years of age and older who lived in North Rhine-Westphalia and Rhineland Palatinate during the time of the flooding (Fig. 1). These two federal states were selected because they were most severely impacted by the floods in Germany. The survey was developed in both German and English and approved by the ethical committee of the University of Reading (14 February 2022). Following approval, it was disseminated via social media channels (Facebook, Twitter, LinkedIn, and WhatsApp) between March and July 2022 – less than 1 year after the event. The authors were aware of potential biases, i.e. the age structure of respondents due to the chosen social media dissemination strategy.

The survey (available in the Supplement) included mainly open questions in order to give the affected citizens a voice. Closed questions were only used in cases such as the collection of basic information or when information was clearly definable, like the source of flooding. The questions addressed the following topics: the flooding source, risk awareness, preparedness, response, early warning dissemination and content, issues that arose and solutions for the future, perception of roles and responsibilities, and basic questions (age, living situation, and postcode). Since the survey was primarily designed to gain an insight into early warning, preparedness, and response, and the topic of imagination only emerged from this survey, the analysis of the results faced several limitations which, in some cases, prevented deeper insight into the reasoning behind a finding.

3.3 Data analysis

After preprocessing the data (translation and post code correction), the responses were analysed through descriptive statistics and thematic analysis. Descriptive statistics were
used to gain a quantitative understanding of actions. The thematic analysis (Braun and Clarke, 2006) was applied to gain a deeper insight into the responses but primarily to distil overarching themes that arose throughout several questions, especially throughout the open questions. The thematic analysis aims to work across multiple questions instead of analysing the responses to one question in isolation. This method was chosen to identify patterns and important themes that citizens have pointed out within their responses. The analysis includes four steps: (1) familiarisation with the collected responses, (2) initial coding in NVivo (release 1.7.1) and Microsoft Excel, (3) identification of themes, and (4) the distilling of overarching themes such as imagination in this case. The overarching theme of imagination emerged from coding responses in NVivo, while the sub-themes discussed in Sect. 4 were identified by manually coding imagination-related responses in Microsoft Excel.

3.4 Responses

The survey received 438 responses, of which four were written in English and 434 in German. The survey responses were filled in anonymously and the postcodes were aggregated to the municipality level to maintain participant anonymity. The majority (87.7%) of respondents lived in NRW and 12.3% lived in RP (Fig. 1). Thus, 116 responses were collected in the district of Kreis Euskirchen, 73 in Städteregion Aachen, 61 in Rhein-Sieg-Kreis, 48 in Landkreis Ahrweiler, and 42 in Rheinisch-Bergischer Kreis. Further districts were represented by 30 or fewer responses. The respondents covered all age groups (18 years and above) that were invited to contribute. Here, 65% of the participants were between 25 and 54 years old, which slightly over-represents this age group compared to German demographics (Statistisches Bundesamt, 2024). Even though the survey was in an online format, it did not prevent older age groups (65+) from contributing (9%). About 6% of the participants were between 18 and 24 years old, and 19% were between 55 and 64 years old.

Almost all (96%) survey participants experienced flooding either directly or indirectly (e.g. through family, neighbours, and friends). The flooding was rated as extreme by 75% of the participants. More than half stated that they were directly affected by the flooding, and 250 people ticked that their family, friends, or neighbours were (also) affected. The percentages of 44 participants were flooded, and 262 respondents indicated that their daily life was affected by the flooding. Overall, three-quarters of the respondents selected (from predefined options) that they experienced extreme flooding, 19% declared that the flooding was worse than usual, 3% were affected by light or the usual flooding, and 1% did not experience any flooding.

4 Results and discussion

The theme of imagination appeared in a number of different ways in the survey responses, revealing challenges in imagining extreme flooding and allowing us to explore the connection between imagination and risk perception, as well as disaster preparedness, and finally highlighting enablers of and barriers to imagination.

4.1 Imagining an unexperienced severe hazard

Imagining the flood was largely determined by previous experiences, which is also an important factor shaping personal risk perception. In particular, the severity of a previous hazard was found to play a role in risk perception (Bubeck et al., 2012). The results of this study indicated that drawing on their mental imagery (from previous experiences), participants could imagine the approaching hazard better but only up to the hazard extent of the previous time. Overall, the severity of the hazard was often linked with the limitations of imagining the hazard, as it turned out to be beyond imagination. In particular, it was mentioned that the extent or dimensions of the flooding was unimaginable.

Das Ausmaß könnte sich niemand vorstellen [No one could imagine the extent]. (Bonn)

Weil ich definitiv keine Vorstellung davon hatte, wie gewaltig Wasser sein kann [because I definitely had no imagination of how powerful water can be]. (Odenthal)

Overall, the “unknown” emerged as a prominent factor in people’s experiences of the flood, and this points to the limitations of our imagination, especially in the context of previous flooding experiences. The unknown (the never experienced or expected) is what is often described in the news as beyond our imagination (The News International, 2022; United Nations, 2023; Dhakal, 2023; ClimateChangePost, 2021; WDR Doku, 2022), which is also referred to as a surprise once it occurs (Merz et al., 2015). Hence, something unknown challenges our ability to imagine.

Die Wassermassen kannten wir nicht und waren bis dahin unvorstellbar [We were not familiar with the masses of water, and until then, they were unimaginable]. (Aachen)

Interestingly, even previous experiences of floods can limit our imagination, as survey participants showed that they could not imagine anything greater than what they were used to.
to. This finding could be related to the claim that our imagination is limited through routines (Higueras and Molina Villaverde, 2022); thus, if a certain level of flooding is experienced a few times, then imagining that it could be more severe is very difficult.

Weil Überschwemmungen hier in der Vergangenheit nicht so schlimm waren und ich nicht damit gerechnet habe, dass das Wasser diesmal bedeutend höher steigt [Because flooding here hasn’t been that bad in the past, and I didn’t expect the water to rise significantly higher this time]. (Aachen)

4.2 Imagination and risk perception

In many responses, it is difficult to distinguish between imagination and risk perception, but in the following statement, the person clearly expressed the fact that the personal underestimation of risk was also influenced by how unimaginable the flood was (de Guttry and Ratter, 2022; Bulley and Schacter, 2021).

Das Ausmaß der Katastrophe bis zum Schluss unterschätzt – es war im wahrsten (!) Sinne des Wortes UNGLAUBLICH und UNVORSTELLBAR [The extent of the catastrophe underestimated until the end – it was literally (!) UNBELIEVABLE and UNIMAGINABLE]! (Bad Neuenahr-Ahrweiler)

4.2.1 Place

Several respondents could not believe that they would be affected by the flooding, and this indicates that they perceived that there was no risk. In many of these cases, this was because of the location of their homes. For instance, they were far away from any flowing water or were even on a slope; thus, the respondents did not expect to be flooded. This proximity or distance to a risk area is commonly known as an influencing factor for risk perception, but the way in which it influences is not agreed on, as studies show varying results (O’Neill et al., 2016; Ali et al., 2022; Rana et al., 2020). Our results show that the distance to water and living on a slope were often linked to lower perceived risk.

Ich dachte nicht, dass es uns erreichen könnte, da der Bach eigentlich weit weg ist [I didn’t think it could reach us as the stream is actually far away]. (Weilerwist)

This lower perceived risk due to distance was related to past experiences where the flood did not reach their homes. Thus, they did not expect to be affected now. Here, past experiences probably influenced the belief about these places, and this connects to the concept of geographical imaginaries in which we have a certain idea or perspective about the places around our homes that has evolved over time (Walshe et al., 2023).

4.2.2 Availability bias

As we have seen, previous flooding experiences are known to influence risk perception, and people cannot imagine anything greater than they have seen before. Expanding upon this finding shows that by drawing on their experiences, a false assessment of risk was estimated by respondents.

Die Reaktionszeit war gleich Null, da wir in unserer Gegend nicht mit einer solchen Flutwelle gerechnet hatten. Beim Hochwasser 2016 waren wir überhaupt nicht betroffen [The reaction time was zero because we did not expect such a flood wave in our area. We were not affected at all during the flood in 2016]. (Bad Neuenahr-Ahrweiler)

Here, people are using their most recent experiences. In this example, this was the flooding in 2016, which was announced as one of the most severe floods of the Ahr River (Piper et al., 2016). Using past experiences in this way and gaining some knowledge about flood behaviour can therefore also turn into a cognitive bias, the availability bias, limiting the imagination of a potentially more severe event (Merz et al., 2015). This further relates to the mental imagery that helped to imagine the flooding as it was in 2016 but nothing beyond that.

4.2.3 Wishful thinking

Another cognitive bias that arose from the responses is wishful thinking. As we have seen, wishful thinking describes a cognitive bias in the belief that nothing significant will happen even though a person may even expect that flooding will actually happen (Merz et al., 2015). We find that respondents could not believe that something significant would happen and held onto the belief that all would be fine.

Ich konnte es wie so viele nicht glauben. Ich habe mir die ganze Zeit gesagt es hört jetzt auf zu regnen und die Ahr geht wieder zurück [Like so many people, I couldn’t believe it. I kept telling myself it would stop raining and the Ahr would go back again]. (Bad Neuenahr-Ahrweiler)

Interestingly, this quote perhaps implies that the person actually imagined what could happen and, therefore, had the hope that it would not happen and was deliberately blinding themself to the risk. Additionally, this person shows an emotional aspect, namely fear, which is likely to have increased the wishful thinking. However, more investigation is needed to understand to what extent and in which ways this person actually imagined what could happen.
4.2.4 Flood mitigation measures

Another interesting finding that can be linked to previous flooding and risk perception is expressed in the following quote:

Unser Haus ist auf einem Sockel gebaut, der die letzte Flut aus den 80er Jahren berücksichtigt hat. Wir dachten, das würde reichen [Our house is built on a pedestal that took into account the last flood from the 1980s. We thought that would be enough]. (Aachen)

The respondent mentions that the house was built in a way that it would be flood resistant because it was elevated. Therefore, it would be safe if it flooded in a similar way as the flood in the 1980s. However, this knowledge and sense of security that the house would be safe in case of a flood may have limited their imagination that the flooding could be worse and that the water depth could be even greater. This is another example of where the flooding could be characterised as beyond imagination Or was it rather beyond experience? This respondent may not have experienced the flooding in the 1980s firsthand but still had the knowledge about the potential water depth. This water depth was possible to imagine for this person. Hence, it shows that imagination does not exclusively build on previous experiences and mental imagery.

4.3 Imagination and preparedness

Limited imagination of the approaching threat was found to be one influential factor for inaction. A few people still took actions, often because of their previous flooding experiences and therefore higher perceived risk. However, the people who prepared for the event mainly focused on last-minute emergency measures.

4.3.1 Inaction

The difficulties of imagining the threat itself can potentially be linked to inaction. Several people who expressed that they could not imagine or realise the extent of the threat mentioned that they did not prepare.

Ich war auf diese Wassereinbrüche nicht vorbereitet, weil ich definitiv keine Vorstellung davon hatte [I was not prepared for these water intrusions because I definitely could not imagine] (Odenthal)

Keiner war vorbereitet! Bzw. hat das Ausmaß nicht realisiert [No one was prepared! Or rather, did not realise the extent of it]. (Bad Münstereifel)

The term “realise” implies the idea of making something real, which can be closely linked to picturing the threat. The following quote highlights that the rainfall forecasts received could probably not be imagined because the person was lacking knowledge or experience to translate this factual information into mental images.

4.3.4 Flood mitigation measures

Some responses showed that people might have imagined the threat but could not imagine any actions they could take because the threat seemed much greater than their own abilities. This links directly to the behavioural protection motivation theory, which states that people are motivated to protect themselves and their families based on both the personal threat that they perceive and their appraisal of their own abilities to take action – their belief in what they are able to actually do (Kuhlicke et al., 2020; Bubeck et al., 2012). In the following quotes, the belief of being powerless is described, and this could express that people did not believe that their abilities were sufficient or the flood was perceived to be too severe.

Da kann man leider nichts tun, Man ist machtlos … Man handelt irrational [Unfortunately there’s nothing you can do, you’re powerless … You act irrationally]. (Zülpich)

After experiencing this severe flooding, some people still could not imagine any actions that they would be capable of taking to be prepared in the future:

weil man sich da auch in Zukunft nicht drauf vorbereiten kann. Außer wegziehen [because you can’t prepare for it in the future either. Except move away]. (Landkreis Vulkaneifel)

One respondent mentioned that especially after this severe flooding, it would be impossible to imagine actions in case of an even worse flood.

Sobald jedoch mehr Infrastruktur beschädigt worden wäre, ist es immer noch schwer vorstellbar, was wir tun sollten [However, once more infrastructure had been damaged, it is still difficult to imagine what we should do]. (Dahlem)

Not knowing or imagining potential actions in preparedness or response led to irrational actions; thus, the ability to imagine possible worst cases and actions that could be performed is important and therefore, needs to be communicated well, planned, and trained for.

Klare Vorgaben für alle, es muss die Überlegung geben, dass so etwas passieren kann, dieses Ereignis war so nicht vorstellbar und war auch nie trainiert worden [Clear guidelines for everyone, there must be consideration that something like this can happen, this event was unimaginable and had never been trained]. (Zülpich)
4.3.2 Action

In contrast to the above, some respondents actually took actions despite the fact that they mentioned they could not imagine the threat. These actions were primarily emergency measures, and this may imply that the respondents at some point realised the approaching flood.

Meiner Familie geholfen … Sandutsche befüllt, Unterlagen gesichert [Helped my family … Sandbags filled; documents secured]. (Bad Neuenahr-Ahrweiler)

Pumpen im Keller installiert; Autos in einer höher gelegenen Region geparkt [Pumps installed in the basement; cars parked in a higher area]. (Aachen)

Außenanlagen gesichert [Outdoor facilities secured]. (Euskirchen)

Another reason that people prepared despite not being able to imagine the hazard extent can be explained by previous experiences and linked availability bias. These people have experienced flooding once or several times before and were familiar with it; thus, they prepared routinely.

Die von vorherigen Starkregen-Ereignissen bekannten Schwachstellen gesichert. War leider nicht ausreichend, da die Regenmenge zu viel war [The vulnerabilities known from previous heavy rain events have been secured. Unfortunately, it wasn’t enough because the amount of rain was too much]. (Aachen)

Ich habe schon oft Hochwasser in diesem Haus erlebt, so dass ich eine gewisse Routine und Gelassenheit bewahren konnte … So extrem konnte ich das dann doch noch nicht [I have experienced flooding in this house many times, so I have been able to maintain a certain routine and composure … but this extreme was unknown to me]. (Sudern)

Interestingly, this routine of preparing for floods demonstrated rational and calm behaviour; they knew what they had to do. We have seen that previous experience limits the imagination of something more severe than the usual flooding, and here this shows the same effect but going one step further: the people prepared as they usually did, but since they could not imagine something more severe, they also did not prepare for a more severe event. They stayed in their familiar preparedness routine. This was on the one hand very useful, but on the other hand, the routine became a trap that limited imagination. Routines are known to be the enemy of imagination as they restrict thinking and imagination beyond the usual habits (Higueras and Molina Villaverde, 2022).

4.4 Triggering and cultivating imagination

The previous sections highlighted the linkage between risk perception and imagination and the importance of their interplay for taking preparedness actions. Furthermore, these sections underlined the need to increase imagination of severe hazards. Hence, in this section, we explore to what extent weather forecasts and warnings (if received) could trigger imagination (or not). In addition, we are discussing how disaster imagination could be cultivated over a longer time period.

4.4.1 Triggering imagination through weather forecast and warning (short-term)

The forecasts and warnings about heavy rainfall and potential flooding were not always understood in the way that was expected by forecasters. This is not an uncommon reality since risk communication varies and messages can be differently understood and acted upon (Parker et al., 2009). Linking this to imagination, some respondents stated that hearing about the amount of projected rainfall did not trigger their imagination of what was about to happen.

Ich wusste das es viel regnen soll, konnte mir bei der Liter Angabe aber nicht drunter vorstellen, dass es SO viel sein würde [I knew it was going to rain a lot, but given the litres I couldn’t imagine that it would be THAT much] (Erftstadt)

Thus, hearing a certain number or seeing a purple-coloured warning was mentioned as being too abstract or vague to create an image in one’s mind, i.e. picturing how this number would change the water level. However, it remains unknown whether a water level number would actually be useful for triggering imagination, considering that the forecasted rainfall amount was claimed to be too abstract:

die genannten Regenmengen von ‘bis zu 100 L m$^{-2}$’ sind zu abstrakt [the mentioned rainfall amounts of ‘up to 100 L m$^{-2}$’ are too abstract] (Aachen)

Die Markierung auf der Wetterkarte war tieflila. Sagt aber nichts über die Höhe des evtl. Wassersstandes aus [The marker on the weather map was deep purple. But it says nothing about the height of the possible water level]. (Bad Neuenahr-Ahrweiler)

Imagining a situation can be easier if people are able to draw on their mental imagery, for instance, if people have experienced flooding before. Survey participants reported that receiving photos or videos of the flooding from friends or family helped them to picture what was happening, and this potentially helped them to imagine what may have been about to happen in their own localities:
20:45 Video von Altenahr erhalten und von dann das Wasser nicht aus den Augen gelassen [At 20:45 video received from Altenahr and from then on I didn’t take my eyes off the water]. (Dernau)

In this example, the video was from an upstream location only about 7.5 km away. Hence, through watching the video, it was clear that this situation was real and was very likely to happen soon in the respondent’s village. The spatial proximity of a source of information is known to be an effective way to trigger an alerting effect in people’s minds (Kuller et al., 2021). Additionally, if the photo or video presents a situation that is familiar to a person, it can trigger the emotional aspect of imagination:

Ich erhielt ein kleines Video von einem Parkplatz, der unter Wasser stand. Dort setzte sich ein Auto in Bewegung, was mich schockierte, da ich mir das Entsetzen des Besitzers vorstellte [I received a short video of a parking lot that was under water. A car started moving there, which shocked me as I imagined the owner’s horror]. (Bad Münstereifel)

Illustrating the potential impact seems to be an important element in triggering our imagination of the potential threats:

Mehr darüber berichten und ggf. mal veranschaulichen, was es bedeutet, wenn 200 l/m² runter kommen. [Report more about it and if necessary, illustrate what it means when 200 l/sqm comes down] (Erfstadt)

As we have seen, a starting point for integrating visuals can be impact-based forecasting (Potter et al., 2018) and using virtual or augmented reality (Bakhtiari et al., 2024; Mol et al., 2022).

4.4.2 Cultivating imagination (long-term)

Working with visuals may be an effective way to enable us to imagine the threat of flooding, but this may not be enough. As we have seen, some people can draw on previous experiences (at least to some limited extent) that others do not have. The results discussed so far suggest that people need access to some factual knowledge and imagination to increase risk perception. Hence, a first step is to encourage people to learn more about rainfall amounts, flood levels, and how these relate to what happens in their own neighbourhoods.

Weil ich mich mit den persönlichen Konsequenzen bis heute nicht konsequent auseinandersetzt habe [Because I haven’t consistently dealt with the personal consequences to this day]. (Bad Neuenahr-Ahrweiler)

It may also be important for people to be more attentive to their own environment, to observe the rain falling locally, and to understand how wet the landscape is. For instance, one person who experienced the flood now has developed their own rainfall threshold at which preparedness actions will be taken.

Ich würde anhand der zu erwartenden Regenmenge entscheiden. Bei den Mengen des letzten Jahres würde ich vorab schon die Taschen sicherheitshalber packen und mein Umfeld warnen. Bei den üblichen Mengen (ca. 40 l/m²) bleibe ich gelassen [I would decide based on the expected amount of rain. With the quantities of last year, I would already pack my bags as a precaution and warn my surroundings in advance. With the usual amounts (about 40 l/m²), I remain calm]. (Euskirchen)

Although not everyone has experienced severe rainfall and flooding, through their own regular observations people can gain a better understanding of what a specific rainfall amount communicated in forecasts and warnings can mean in someone’s area or in upstream areas. In addition, people living close to a river or stream could start observing water levels; by comparing the forecasted levels with how the river looks in reality, they may gain a further understanding of what water level forecasts mean in reality.

Prognosen zu Überschwemmungsgebieten und Pegelständen sind wichtig [Forecasts of flood zones and water levels are important]. (Euskirchen)

To communicate risks or the need for environmental awareness and observation in a community, approaches such as storytelling could be used to identify and communicate local risks, unfold past hazards, or identify potential solutions to minimise risk (Fleming et al., 2016; Lloyd Williams et al., 2017; Bo and Wolff, 2020; Balog-Way et al., 2020; Kellens et al., 2013). This could be combined with participatory development of local climate storylines (Shepherd et al., 2018), multimedia supported discussions on past events (Sevilla et al., 2023), or future visioning in general (Nalau and Cobb, 2022). This way, imagination could be cultivated over time.

The quotes in this subsection on cultivating imagination could apply to everyone, although logically younger people may benefit most, as they may have less experience with extreme weather:

gerade junge Leute können sowas ja nicht einschätzen war normal ist und was nicht, da viele bestimmt nicht studieren wann wieviel Liter Regen runter kommt um dann so eine hohe Liter Angabe einschätzen zu können [young people in particular cannot assess what is normal and what is not, as many certainly do not study when and how many litres of rain come down in order to be able to estimate such a high litre figure]. (Erfstadt)
4.5 Limitations and implication for future research

This study provided insights into the role of imagination in disaster preparedness by analysing a semi-structured survey. The analysis faced a few limitations that we recommend be considered for future research. Firstly, the results of the survey sometimes provided limited evidence about which speculative interpretations were necessary; thus, those themes without fully comprehensive evidence – meaning that more contextual information regarding a response would have been needed to draw direct connections to existing theories – should be explored in more depth in future studies. This refers to the influence of hazard knowledge on imagination or whether imagination of a hazard can lead to wishful thinking. Secondly, some survey respondents expressed their emotions directly in their responses, which could be partly linked to imagination. Since emotions are a primary part of imagination (Nanay, 2016), future studies should explore this in more detail. In this context, it is recommended to use further qualitative methods such as focus groups (Finn et al., 2023) or interviews (Walshe et al., 2023). Thirdly, linkages to the idea of place and especially the proximity to hazard areas were found. Future research should focus on the external influence that different kinds of imaginaries (social, political, historical, or climate change) have on the imagination of specific disasters as discussed in this paper. A final recommendation is to further investigate the relationship between forecast uncertainty and imagination.

5 Conclusion

The primary ambition of this paper was to explore the role of imagination in disaster preparedness, as the term imagination is commonly used by the media but has not been specifically researched in the context of disaster events. For this purpose, the paper builds on a survey that was disseminated in flood-affected areas in Germany in 2021. In this paper, imagination is defined as our ability to picture a scenario and potential actions in our mind, as well as the emotional consequences of them. The survey results indicate the difficulties that people had in imagining a severe flood and the consequences of this were that they did not take preparedness actions. People’s ability to imagine a severe hazard was mainly hampered because of an element of unknowing. In other words, survey participants showed difficulties imagining something they had not experienced before, such as the power and speed of flood water or the dimensions that flooding can have. While previous experiences were found to be beneficial for the imagination, it was also found to cause bias in some people, as respondents could not imagine something worse than what they had experienced so far; it was literally beyond imagination.

We find that imagination is closely linked to the concept of risk perception: the risk we perceive builds on our factual knowledge (gained through education or experience) and our imaginations. Hence, if we are not able to imagine a severe hazard, then most likely our risk perception will be lower. Our results suggest that our factual knowledge is often needed as a base or input for imagination. For instance, when hearing specific rainfall forecasts, it may not trigger our imagination if we cannot build on our factual knowledge, which provides us with an understanding of what 200 mm of rainfall in 1 d means.

Additional barriers to imagining a (severe) flood were identified that are commonly linked to risk perception: firstly, the spatial distance to a river or the location of a house on a slope prevented respondents from imagining that the flood would reach their homes. Secondly, some respondents demonstrated a specific idea and belief about a place in which flooding was considered impossible. This finding links to the concept of geographical imaginaries. Thirdly, cognitive biases showed barriers to imagination such as wishful thinking (and desperate hope). Respondents believed that flooding would not happen, often against the evidence and even though it was sometimes perceived as very likely. Another cognitive bias that was implied was the availability bias, which is closely linked to previous experiences of flooding and probably constitutes one of the main thresholds for risk in people’s minds. Here, people could neither believe nor imagine that a flood could be worse than one they had already experienced; thus, it is likely that they were trapped in their mental imagery of the past.

A key finding of this work is the linkage between people not taking preparedness actions and the fact that they could not imagine the flooding in advance, which probably lowered their risk perception. People who had experienced flooding before may have prepared – but mostly only for the flooding extent that they had previously experienced because they did not imagine that the flood could be worse.

This study showed that imagination of something unknown poses a great challenge to many people. Therefore, it is important that weather forecasts and warnings can trigger imagination, which can help people perceive risk and take preparedness actions. More research is needed on the communication of risk to trigger imagination in the short-term and especially on the impacts of severe-weather forecasts and warning using the support of visual elements, such as photos and videos, but also digital tools like virtual and augmented reality. These can support efforts in implementing impact-based forecasting and increase understanding of the dimensions of an approaching flood. Our results show that locality is important, and photos of a person’s hometown or somewhere close by will likely make imagination of the flood easier. Furthermore, showing familiar elements, such as a car that might be floating away, can increase the understanding and imagination of what might be happening.

Finally, it is important to cultivate our imagination over time by continuously increasing our factual knowledge of risk. This can be supported using creative approaches such
as storytelling, future visioning, or multimedia tools and arts. For instance, local climate storylines could be co-developed with communities by discussing local risks, past flooding events, and potential flood mitigation options.

In conclusion, this study explored the role of imagination in risk perception and disaster preparedness, highlighting the fact that the imagination of unknown severe weather can pose difficulties and, therefore, constrain disaster preparedness. To gain a deeper understanding of the barriers to and enablers of imagination and how imagination can be incorporated in weather forecast and warning communication, more interdisciplinary research is needed. Research on imagination has the potential to transform the way in which forecasts and warnings are received, understood, and acted upon. If we can harness our power of imagination to help us prepare better for disasters, then we can save lives in future disasters.

Data availability. The participants of this study did not give written consent for their data to be shared publicly, so due to the sensitive nature of the research, the survey data is not available.

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