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Intense precipitation events in the Central Range of the Iberian Peninsula

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Abstract. Intense orographic precipitation associated with the Central Range was analysed using data of maximum accumulated precipitation in 24 h, occurring between 1958 and 2010. The 18 selected episodes were associated with a southwesterly tropospheric flow, a low-level jet, and high moisture flux at low levels. The observed moisture flux was higher than $100 (m g(s kg)^{-1})$ and the dry and wet Froude numbers were greater than 1. The selected area to study this synoptic situation was Gredos, broad and high range, which is located in the eastern part of the Central Range and generates a leeward "orographic shadow". The effect of the Central Range on the spatial distribution of precipitation on the Iberian Peninsula plateau results in a sharp increase in precipitation in the south of the Central Range, followed by a decrease to the north of this range.

1 Introduction

The factors affecting the development of precipitation are complex and the forecasting of precipitation is therefore difficult, particularly with the use of larger spatial and temporal resolutions (Llasat and Siccardi, 2010). Heavy precipitation is generally associated with a high moisture content, vertical movement, and static instability (Reale and Lionello, 2013; Chen et al., 2013). There are many studies addressing cases of heavy precipitation. Thus, for example, Schwartz et al. (1990) analysed the evolution of the convective environment during episodes of heavy precipitation, and Fernández-Montes et al. (2014) and Garavaglia et al. (2014) studied the synoptic patterns typically associated with heavy precipitation.

Some authors have attempted to elucidate the key factors involved in the production of heavy precipitation or intense orographic precipitation. These factors include precipitable water (Bližňák et al., 2014), static instability (Funk, 1991), moisture at low levels (Massari et al., 2014), waves upstream from the area of heavy precipitation (Yu et al., 2015), and dynamically forced vertical movements associated with wind maxima in the high troposphere (Ma and Bosart, 1990). Other articles have analysed moisture flux convergence at low levels (Banacos and Schultz, 2005), orographic lifting of conditionally unstable air masses (Lin et al., 2001), and the fact that the maximum precipitation rate mainly depends on the ratio of mountain height to the level of free convection, the ridge/aspect ratio, and a parameter that measures the ratio of advective to convective timescales (Miglietta and Rotunno, 2009). Mountains can allow airflow or partially or completely block the flow. The Froude number (F) or the wet Froude number (F_w) are used to characterize flow over mountains (e.g. Durram and Klemp, 1982; Colle, 2004; Chu and Lin, 2000; Chen and Lin, 2005). A value of Froude number lower than 1 (around 1) is associated with blocked (partially blocked) flow, while a value greater than 1 implies flow that passes over mountains.

Research efforts have also focused on the study of heavy precipitation episodes in different areas. For example, Chiao et al. (2004) and Foresti and Pozdnoukhov (2012) discussed heavy orographic precipitation in the Alps; Lang and Barros (2004) studied winter storms in the central Himalayas, (a)



Figure 1. (a) Main orographic features in the northwestern Iberian Peninsula. Polygons represent the provinces of the region of Castilla–León. The dashed line corresponds to the area studied. **(b)** Study area: the polygon indicates the Gredos Range (SGRED); vertical line AB is the reference line for the orographic and precipitation profile shown in Fig. 2; black dots indicate the weather stations where precipitation was measured; the circle and triangle mark the automatic weather stations at La Covatilla and Navarredonda respectively; the star is the reference point for calculating the parameters used in the study $(40^{\circ}16'31'' \text{ N}, 5^{\circ}09' 32'' \text{ W}).$

and Prat and Barros (2010) studied the spatial gradients and vertical structure of orographic precipitation in the southern Appalachians. Yu and Cheng (2008) analysed heavy orographic precipitation associated with typhoon Xangsane. Further such examples can be found in the works of Grumm et al. (2002) and Schumacher and Johnson (2006) studying the USA, Chen et al. (2007) studying Taiwan, Teixeira and Prakki (2007) studying Brazil, Federico et al. (2008) and Buzzi et al. (2014) studying Italy, Stefanescu et al. (2014) for Romania, and Dasari and Salgado (2015) for Madeira Island (Portugal).

In the case of Spain, heavy precipitation episodes are characteristic of the weather, especially on and around the Mediterranean coast and during late summer and autumn (Riesco et al., 2013). Jansa et al. (2001) reported that approximately 90% of heavy precipitation episodes in the internal basins of Catalonia between 1996 and 2002 were associated with warm and moist flows at low levels generated by extratropical cyclones. Rigo and Llasat (2004) show that during the period 1996-2000, 43 heavy rainfall events were detected in Catalonia (northeastern Spain) and the most of these events caused floods and serious damage. Ramis et al. (2009) studied heavy precipitation in the western Mediterranean and found that deep convection was the main cause. Several studies have classified the meteorological patterns associated with heavy precipitation. Thus, Romero et al. (1999) found the average geopotential field at the 925 and 500 hPa pressure levels to be associated with heavy precipitation, and Martin-Vide (2002) classified the days with precipitation higher than 200 mm on the Spanish Mediterranean coast. Riesco et al. (2013) reported that severe precipitation episodes in the southern Iberian Peninsula may be classified into three types according to moisture flux at the 850 hPa pressure level and the lifted index. All of these studies have analysed precipitation occurring in the same area, and hence we believe it is necessary to explore other areas of the Iberian Peninsula where heavy precipitation also falls. Fernandez-Montes et al. (2014) reported that a great amount of precipitation in the Iberian Peninsula can be concentrated in relatively few days, primarily conditioned by the atmospheric circulation and the moisture content, and they investigated the relationship between synoptic circulation type (CT) and the frequency of precipitation extremes (> 90th percentile) in spring and autumn at 44 different stations. Merino et al. (2016) conducted an analysis of precipitation extreme events (PEEs) in Spain between 1960 and 2011. Thresholds for determining event severity were defined using 99th percentiles – regions of extreme weather risk were identified and then trends of extreme precipitation index were analysed using the Mann–Kendall test. Alvarez et al. (2017) analyse the competence of Spanish historical precipitation network and explore the physiographic influence of elevation and orientation at a national scale. Nearly 12000 monthly precipitation series recorded from the 19th century until the hydrological year 2004/05 are used, and comparable statistics and precipitation lapse rates are established once a completion of gaps is accomplished. González and Bech (2017) present a regional and seasonal study of extreme point rainfall scaling from 10 min to 2 years. The highest point-based rainfall list based on these temporal periods was calculated from the Spanish Meteorological Service (AEMET) precipitation database with more than 11000 rain gauge stations, with the longest series ranging from 1805 to 2014. Results indicate that daily precipitation extremes are mostly concentrated over the Mediterranean coast, while over durations from 1 month to 2 years extremes are located in southern and northwest Spain.

Table 1. Date and values of several meteorological indices for each case considered, at the point $40^{\circ}16'31''$ N, $5^{\circ}09'32''$ W. $V \cdot q$ is meridional moisture flux (mg(skg)⁻¹), *P* is number of 6 h intervals with $V \cdot q$ higher than the indicated value (70 or 100), *F* is maximum dry Froude number, and F_{W} is maximum moist Froude number at the 850 hPa pressure level. The instability indices CAPE (Jkg⁻¹), TT (total totals), and *K* (maximum CAPE) are also shown. Case 19 is not taken into account to calculate the average since it was a singular case with little precipitation.

| Case | Date | $\frac{V \cdot q \text{ maximum}}{(\text{mg}(\text{skg})^{-1})}$ | $V \cdot q \text{ mean}$ $(mg(skg)^{-1})$ | <i>P</i> > 70 | <i>P</i> > 100 | F | $F_{\rm W}$ | CAPE (Jkg ⁻¹) | TT (°C) | <i>K</i> (°C) |
|---------|----------------|--|--|---------------|----------------|-----|-------------|------------------------------|------------|------------------|
| 1 | 14–15 Nov 1963 | 162 | 120 | 6 | 3 | 1.4 | 1.5 | 801 | 52 | 35 |
| 2 | 14-15 Jan 1975 | 114 | 100 | 8 | 5 | 1.4 | 1.5 | 287 | 51 | 30 |
| 3 | 10 Jan 1970 | 102 | 102 | 1 | 1 | 1.1 | 1.1 | 619 | 52 | 29 |
| 4 | 26-31 Dec 1981 | 171 | 103 | 8 | 3 | 1.5 | 1.6 | 534 | 53 | 34 |
| 5 | 19-20 Oct 2004 | 195 | 135 | 8 | 6 | 1 | 1.1 | 1141 | 47 | 35 |
| 6 | 6–7 Nov 1982 | 154 | 102 | 7 | 3 | 1.3 | 1.3 | 506 | 54 | 32 |
| 7 | 7-8 Jan 1992 | 111 | 95 | 4 | 2 | 1 | 1 | 0 | 50 | 30 |
| 8 | 16-18 Dec 1997 | 168 | 120 | 6 | 4 | 1.1 | 1.1 | 892 | 53 | 37 |
| 9 | 23–25 Sep 1965 | 203 | 134 | 4 | 3 | 1.3 | 1.4 | 788 | 50 | 36 |
| 10 | 22-25 Oct 2006 | 206 | 127 | 15 | 11 | 1.3 | 1.4 | 1278 | 47 | 31 |
| 11 | 8-16 Oct 1993 | 153 | 111 | 18 | 14 | 1.5 | 1.6 | 1517 | 52 | 28 |
| 12 | 17-19 Dec 1958 | 160 | 124 | 5 | 4 | 1.1 | 1.2 | 816 | 50 | 35 |
| 13 | 2–6 Feb 1972 | 129 | 87 | 12 | 5 | 1.4 | 1.4 | 600 | 52 | 31 |
| 14 | 14-22 Nov 1989 | 147 | 112 | 12 | 7 | 1.4 | 1.5 | 640 | 50 | 31 |
| 15 | 2-3 Dec 1987 | 116 | 101 | 4 | 3 | 1.1 | 1.1 | 140 | 52 | 31 |
| 16 | 23–25 Nov 2006 | 193 | 144 | 5 | 5 | 1.8 | 1.9 | 261 | 44 | 32 |
| 17 | 4-8 Dec 2010 | 110 | 91 | 6 | 2 | 0.8 | 0.8 | 821 | 54 | 31 |
| 18 | 21-22 Dec 2010 | 87 | 85 | 2 | 0 | 0.7 | 0.8 | 497 | 51 | 32 |
| 19 | 27–28 Feb 2010 | 114 | 103 | 3 | 1 | 1.1 | 1.2 | 441 | 45 | 28 |
| Average | | 149 | 111 | 7 | 4 | 1.3 | 1.4 | 674 | 51 | 32 |

The use of information obtained from statistical or case studies of precipitation episodes obtained from post-event investigation is needed to improve the forecasting of precipitation and is the basis of effective operative warning for flooding due to extreme heavy precipitation, such as that based on the European precipitation index (Alfieri and Thielen, 2015). In the present study we analysed episodes that featured more intense orographic precipitation and also had high instability index values during the years 1958 to 2010, which affected the Central Range of the Iberian Peninsula, but specifically those that occurred in the southern part of the area. This work is supplemented by including a study of meteorological indices that can help in the characterization of intense orographic precipitation. Finally, we analyse in detail two examples of episodes that demonstrate the direct application of the indices described above and that outline the difficulties involved in the study of orographic precipitation.

2 Study area and data

The study area is focused on the eastern part of the Central Range, comprising the Gredos Range (SGRED, Fig. 1). This mountain range separates valleys of the Duero Basin from those of the Tajo Basin and has a maximum altitude of 2592 m and an average elevation of 1200 ma.s.l. A highly irregular relief characterizes this zone and the barrier is not uniform in height, width, or orientation, such that from the point of view of index calculation many simplifications must be made. The eastern part of the Central Range comprises the Gredos Range, which forms the massif of the Central Range and is very wide. In addition, most of the Gredos Range, where the south slopes are much more abrupt than the leeward side, separates the southern plateau, with a lower altitude (about 400 m a.s.l.), from the northern plateau (800 m a.s.l.).

From the climatological data network, we selected the 18 episodes with the heaviest precipitation accumulated in 24 h (> 100 mm in at least one observatory inside the study area) in the western part of the Central Range during the period 1958–2010 (Table 1). Episode 19 was included as a case study despite having a maximum precipitation daily slightly less than 100 mm, because it shows by example the importance of the time duration of the rain episode. The data regarding precipitation were obtained from the climatological database of the Spanish Meteorological Service (Agencia Estatal de Meteorologia (AEMET)), which has world-class observatories equipped with staff, automatic stations, and meteorological collaborators, subject to various quality controls. Table 2 shows the accumulated precipitation and the precipitation in 24 h corresponding to the observatory



Figure 2. Average fields for the episodes studied (listed in Table 1) at 12:00 UTC of (**a**) mean sea level pressure (hPa); (**b**) wind ($m s^{-1}$) and (**c**) specific humidity ($g k g^{-1}$) at the 850 hPa pressure level; (**d**) geopotential (m) at the 500 hPa pressure level.



Figure 3. Average precipitation (all events) (line) and orographic (shaded) profiles along line AB (see Fig. 1b).

that reported the maximum value in the study area. Data for the other meteorological fields were obtained from the ERA-40 database of the European Centre for Medium Range Weather Forecasting (ECMWF) for the 1958–2002 period (Uppala et al., 2005) and directly from the ECMWF model for the 2003–2010 interval (http://apps.ecmwf.int/datasets/ data/era40-daily/levtype=pl/).

The following parameters were calculated for each precipitation episode: mean and maximum precipitation; meridional moisture flux at the 850 hPa pressure level (obtained by multiplying the 850 hPa meridional component of wind velocity and the specific humidity, $V \cdot q$; the dry and moist Froude numbers (calculated as $F = V(Nh)^{-1}$, with V the meridional wind, N the dry or moist Brunt-Väisälä frequency, and h the obstacle height); convective available potential energy (CAPE); and the total totals (TT) and K instability indices. We used the meridional wind component instead of the perpendicular component. The Central Range is clearly west-east oriented, so we believe that the wind meridional component is an appropriate estimate of the flow in the mountains and therefore our calculated values can be considered as estimates of the Froude number. In the present study, the above-mentioned parameters were calculated (kriging with ArcGIS® software) at 40°16'31" N, 5°09'32" W (belonging to the Gredos Range area, Fig. 1b), where southerly

Figure 4. 23–25 November 2006: (a) infrared channel image from MSG on 24 November at 00:00 UTC; (b) surface pressure pattern on 24 November at 00:00 UTC; (c) 300 hPa wind pattern (lines are isotachs, units labelled in knots) on 25 November at 12:00 UTC; and (d) 850 hPa wind pattern (knots) over the Iberian Peninsula of 25 November at 00:00 UTC.

winds must surpass a height difference of ~ 1500 m, and the Central Range reaches its maximum altitude (2592 m a.s.l.) – and the maximum slope $(\Delta h/\Delta x)$ is ~ 0.09 with a mean value in the southern hills of 0.05. It should be mentioned that precipitation is very difficult to interpolate in mountainous areas, so that we considered that the impact of the interpolation method on the area-averaged precipitation is small and used the kriging interpolation method because it is the default method which comes built-in in the ArcGIS[®] software.

3 Results and discussion

The values of the meteorological parameters considered in this study for each precipitation event are shown in Table 1. Figure 2 shows the composite fields at 12:00 UTC of sea level pressure, wind, and specific humidity at the 850 hPa pressure level and geopotential at the 500 hPa pressure level. These maps were built using data from the 18 episodes of severe rainfall indicated in Table 1. The synoptic situation of each individual event is similar to that of the average. Figure 2a shows a low-pressure system at sea level located on the northwestern Iberian Peninsula with southwesterly winds over the Central Range (Fig. 2b). This is a moist flow, and thus increased the humidity over the study area, especially on the south slopes, as shown in Fig. 2c. The figure also shows a tongue of moist air at low levels over the southwestern Iberian Peninsula, which reached values greater than $6 \,\mathrm{g \, kg^{-1}}$ over the study area. Moreover, a high wind speed was observed at the 850 hPa pressure level (Fig. 2b), where a low-level jet stream, with a wind speed greater than $20 \,\mathrm{m \, s^{-1}}$, was apparent. A north-south-oriented mid-level trough located to the west of the Iberian Peninsula (see Fig. 2d) and moderate values of the instability indices (Table 1) were other common characteristics associated with the heavy precipitation events studied in this work. The average values in the mean and maximum meridional moisture fluxes were 110 and 147 m $g(s kg)^{-1}$ respectively, and in most cases the individual values were higher than 100. As mentioned, Lin et al. (2001) defined the $U(\Delta h/\Delta x)q$ index (U is the meridional component of wind velocity, $\Delta h / \Delta x$ is the mountain slope, and q is the mixing ratio) and reported that heavy orographic precipitation in the Alps was associated with values higher than $4.7 \,\mathrm{m \, s^{-1}}$ at low levels. When





Figure 5. (a) Cloud-to-ground lightning flashes detected (+ positive flashes) on 24 November over the Iberian Peninsula, and (b) Madrid sounding $(40^{\circ}27' \text{ N}, 3^{\circ}43 \text{ W})$ on 24 November at 12:00 UTC.

this index was calculated for the Central Range using the data in Table 1, the mean value was 5.5 m s^{-1} . Thus, this index also indicates the risk of heavy orographic precipitation for the Central Range. Regarding the dry and wet Froude numbers, these ranged between 0.7 and 1.9, the maximum averaged values being 1.2 and 1.3 respectively, corresponding to moderate values of this index. The shape of the mountain can be approached by using a slope of $1.6 \text{ km}/35 \text{ km} \approx 0.05$ of the windward mountain barrier (which is the mean value in the southern hills). Chu and Lin (2000) and Chen and Lin (2005) established four types of flow regimes as a function of F_w and CAPE:

– Type I (F_w small): a convective system of up-stream propagation.

- Type II ($F_{\rm W}$ moderate): a long-lasting convective flow over the mountain.
- Type III (F_w large): a convective system over the mountain that propagates similarly to the flow.
- Type IV (F_w small and low CAPE): orographic stratiform system, which probably propagates downstream.

Therefore, in principle, the greatest windward precipitation would occur with moderate or small Froude number.

With the values obtained in this study, in nearly all cases a type III flow would be obtained, which implies the presence of a convective system propagating similarly to the flow. However, it should be taken into account that with low CAPE and moderate wind intensity, the flow would be type IV in-



Figure 6. (a) Temporal distribution of precipitation observed at the La Covatilla weather station (see Fig. 1b) on 24 November; (b) spatial pattern of average precipitation observed over the area for the period 1971–2000 including to the north of Extremadura.

stead of type III (Chen and Lin, 2005), giving rise to stratiform precipitation. In any case, both convective and stratiform precipitation give large amounts of total precipitation (including possible flooding), if the flow persists for many hours.

Table 2 shows the precipitation data of the Gredos Range (SGRED) (Fig. 1b). González and Bech (2017) studied extreme rainfall in Spain. They found that extreme rainfall may be expressed as a potential law, and their reported law gives values around 270 mm in 24 h for inland Spain, and 260 mm in 24 h for the province of Avila. These numbers are in agreement with the values shown in Table 2, especially taking into account that González and Bech (2017) only considered extreme rainfall in their study. Colle (2004) reported that with moderate winds ($\sim 20 \text{ m s}^{-1}$) and a freezing level over 750 hPa, the drop in the freezing level increases as mountain barrier height and width increase. Moreover, mountain waves when the wind is strong, the static stability is low, and the mountain barrier is narrow, may favour intense vertical

movement. The orographic and precipitation profile across the SGRED is depicted in Fig. 3. This profile was calculated following the line AB indicated in Fig. 1b. Figure 3 shows that precipitation over the SGRED increases sharply windward and that maximum values are reached on the upper third of the windward slope. Precipitation decreases sharply on the leeward slope, indicating an "orographic shadow" associated with the SGRED. Maximum precipitation is now located around the summit.

3.1 Case study: 23–25 November 2006

During this time frame (episode no. 16), the precipitation observed at several stations along the Central Range was more than 300 mm. Figure 4a shows the infrared channel image from the Meteosat satellite and Fig. 4b shows the surface pressure pattern for 24 November at 00:00 UTC. A low-pressure system was affecting the North Atlantic area, with a minimum sea level pressure of ~ 970 hPa located west of

Table 2. Maximum (P_{max}) , in 24 h (P_{24}) and mean (P_{mean}) precipitation observed in the Gredos Range (SGRED) during each case considered. The P_{mean} has been calculated by the kriging interpolation method implemented in the ArcGIS[®] software. Case 19 is not taken into account to calculate the average since it was a singular case with little precipitation.

| Case | P _{max} | P ₂₄ | P _{mean} |
|---------|------------------|-----------------|-------------------|
| | SGRED | SGRED | SGRED |
| | (mm) | (mm) | (mm) |
| 1 | 310 | 236 | 88 |
| 2 | 274 | 235 | 96 |
| 3 | 305 | 226 | 77 |
| 4 | 504 | 215 | 240 |
| 5 | 235 | 212 | 98 |
| 6 | 322 | 210 | 116 |
| 7 | 291 | 210 | 58 |
| 8 | 377 | 207 | 145 |
| 9 | 214 | 204 | 74 |
| 10 | 317 | 202 | 103 |
| 11 | 867 | 195 | 271 |
| 12 | 223 | 200 | 111 |
| 13 | 406 | 190 | 188 |
| 14 | 694 | 199 | 300 |
| 15 | 242 | 190 | 95 |
| 16 | 310 | 183 | 88 |
| 17 | 364 | 117 | 136 |
| 18 | 270 | 116 | 74 |
| 19 | 92 | 89 | 33 |
| Average | 367 | 188 | 133 |

Table 3. Time variation for several meteorological indices along 26, 27 and 28 February 2010. TT and *K* are the total totals and *K* instability indices; $V \cdot q$ (mg(skg)⁻¹), *F*, and F_W are the meridional moisture flux, Froude number, and moist Froude number at the 850 hPa pressure level.

| Day/ UTC hour | $\frac{V \cdot q}{(\mathrm{mg}(\mathrm{skg})^{-1})}$ | TT (°C) | <i>K</i> (°C) | F | $F_{\rm W}$ |
|------------------|--|------------|------------------|------|-------------|
| 26/18:00 | 25 | 38 | 20 | 0.32 | 0.33 |
| 27/00:00 | 42 | 40 | 19 | 0.33 | 0.33 |
| 27/06:00 | 119 | 39 | 26 | 0.74 | 0.76 |
| 27/12:00 | 146 | 45 | 28 | 0.87 | 0.91 |
| 27/18:00 | 77 | 42 | 20 | 1.09 | 1.2 |
| 28/00:00 | 12 | 32 | 6 | 0.26 | 0.27 |

Ireland. A southwesterly moist air flow and several frontal systems were affecting the western Iberian Peninsula, moving from west to east. Figure 4c shows a deep north–south-oriented trough at the 300 hPa pressure level located west of the Iberian Peninsula, with a southwesterly low-level jet of 60 m s^{-1} over the central Iberian Peninsula. Chen and Lin (2001) reported that the presence of a jet at low levels exacerbates the windward precipitation, in agreement with what



Figure 7. Topographic (a) and precipitation (b) profiles along a south–north-oriented line crossing the Gredos Range.

was observed in this case, where a southwesterly low-level jet stream of 30 m s⁻¹ was also observed crossing the Central Range at the 850 hPa pressure level on 25 November at 00:00 UTC (Fig. 4d) This meteorological situation generated a high moisture flux (see Table 1) and had a value of 7.2 m s⁻¹ for the $U(\Delta h/\Delta x)q$ index, clearly higher than the threshold value reported by Lin et al. (2001) for the Alps $(4.7 \,\mathrm{m\,s^{-1}})$. The cloud-to-ground lightning flashes observed on 24 November are shown in Fig. 5a. The discharges were mainly located windward of the Central Range, indicating that flow was unstable. This is confirmed by the Madrid sounding (40°27′ N, 3°43′ W) at 12:00 UTC (Fig. 5b) and the values of the instability indices (Table 1). The Froude number is large, both for dry and moist cases, indicating a type III flow regime. The automatic observation station located in the western Central Range and indicated by a circle in Fig. 1b recorded 157.7 mm from 00:00 to 24:00 UTC of 24 November and 16.8 mm for 25 November. The temporal distribution on 24 November is shown in Fig. 6a, and indicates that large amounts of precipitation occurred regularly during that day. The pattern of the spatial distribution of average precipitation (1971-2000) (Fig. 6b) shows the relevance of orographic precipitation in this area of the Iberian Peninsula.

Figure 7 shows the orographic profile and the precipitation along a south–north-oriented line crossing the SGRED. Precipitation decreased leeward of the broadest part of the Central Range, and returned in large amounts windward of the Cantabrian Range, located near the northern Spanish coastline (see Fig. 1a). This marked "orographic shadow" is con-





Figure 8. 27 February 2010: (a) Surface pressure pattern at 12:00 UTC; and (b) Doppler radar wind $(m s^{-1})$ plan position indicator (PPI) image over the Spanish region of Castilla–León. Negative values indicate approaching movement towards the radar position (*). Positive values indicate that points are moving away from the radar position.

sistent with the shape (resembling a C) of the spatial pattern of precipitation shown in Fig. 6b. When the line was displaced to the west, the "orographic shadow" was not seen.

3.2 Case study: 27–28 February 2010

The time duration of the rain episode is an important factor. Large amounts of precipitation are not usually associated with episodes of short duration, and this was borne out by the case of episode no. 19. On 27 February 2010, the extratropical cyclone "Xinthya" crossed the northwestern part of the Iberian Peninsula. This was an event of explosive cyclogenesis, with hurricane-strength winds. It caused heavy rain and local floods in the west of Spain (Hickey, 2011). Figure 8a shows the surface-pressure pattern at 12:00 UTC. The fastmoving deep low of 976 hPa was located close to the northern coastline of Portugal, resulting in strong southerly winds impinging on the Central Range. The same flow pattern was seen at medium and high levels (not shown). Doppler radar (Fig. 8b) shows a southwesterly low-level jet stream over the area studied.

Table 3 shows the sudden increase in the instability indices, Froude number, and meridional moisture flux during the morning and central hours of 27 February, together with the low values before and after the event. This was due to the short duration of the flow perpendicular to the mountain range (Fig. 9a). Therefore, the expected amount of rain cannot have been large. This is confirmed by the data shown in Fig. 9b, which shows the precipitation pattern. There is a broad area where precipitation measured between 30 and 40 mm and the maximum values were around 60 mm.

4 Summary and conclusions

We have analysed episodes that featured intense orographic precipitation and also had high values in the instability indices that affected the Central Range of the Iberian Peninsula during the years 1958 to 2010. The synoptic characteristics associated with the cases analysed were a strong southwesterly tropospheric flow, with jet streams at low and high levels, and high moisture contents at low levels. This flow was the result of low-pressure systems over the North Atlantic area, with associated fronts affecting the area studied. In general, the CAPE values and the TT and *K* instability indices indicate static instability, in agreement with the lightning flashes observed, especially windward.

The moisture flux associated with the cases of heavy orographic precipitation considered here was $> 100 \text{ mg}(\text{skg})^{-1}$, and both the dry and moist Froude numbers were > 1 on average (1.3), although in two events the value was 0.8. These numbers can be considered to be characteristic for heavy precipitation in the Central Range when they are associated with long-lasting intervals. The broadest and highest part of this mountain range (Gredos Range) generates an "orographic shadow" leeward. Precipitation from frontal systems is increased sharply by orographic vertical movement in the Central Range, where updrafts associated with the warm conveyor belt are increased. The precipitation pattern in these cases resembles a "C", with heavy precipitation south of the mountain range. In several cases, the total amount of precipitation was moderate. This seems to have been caused by the short time interval during which airflow perpendicular to the orographic barrier persisted.

Data availability. The climatological data are the property of the AEMET (https://sede.aemet.gob.es/) and are not accessible to the public, although they can be obtained by request and upon payment. Data from the European Centre for Medium-Range Weather Forecasts (ECMWF) can be obtained free of charge at the URL mentioned on page 4.



Figure 9. (a) Temporal distribution of precipitation, wind direction, and wind intensity (maximum and mean) on 27 February observed at the weather station at Navarredonda (see Fig. 1b); (b) spatial pattern of precipitation (isolines in mm) observed on 27 February over the study area (circle, Navarredonda automatic weather station).

Author contributions. MMG and FdPD designed the ideas and concepts of the work and prepared the paper. JRM and LRS carried out the analysis of the data and evaluated the results. JMSL prepared the graphics and checked the language. All the authors conducted a final review of the paper.

Competing interests. The authors declare that they have no conflict of interest.

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